THE UNIVERSITY OF QUEENSLAND CANOE CLUB

WHITE WATER PADDLE: MANN RIVER

A weekend trip skill development paddle on grade 1 -2 white water on the Mann River with two overnight camping. Leaving Brisbane end afternoon on Friday and coming back Sunday Evening.

Disclaimer: To register for this trip you will need to participate to a previous white-water introduction.

A beginner paddle on grade 1 - 2 white water on the Mann River. We will focus on safety, river reading and basics of boat control. There will be swimming involved. After practicing the basics Saturday on a small rapid next to the campsite We will paddle a 2km section on Sunday morning of the river putting those skills to practice.

Discipline	White water	**Paddle Grade**	1-2
Date(s)	06/11/2026	**Event ID**	261106W
Distance	2.3km	**Duration**	One and a half day
Leader	Antoine Morançais	**2IC**	Callum Finglas

Trip Outline

Friday evening

- 5PM Meet at club shed to pack trailer / load cars
- 6PM Departure
- 8PM Dinner break at Ballina servo
- 11:30PM Arriving at the Mann River campsite. Set up camp for the weekend.

Saturday

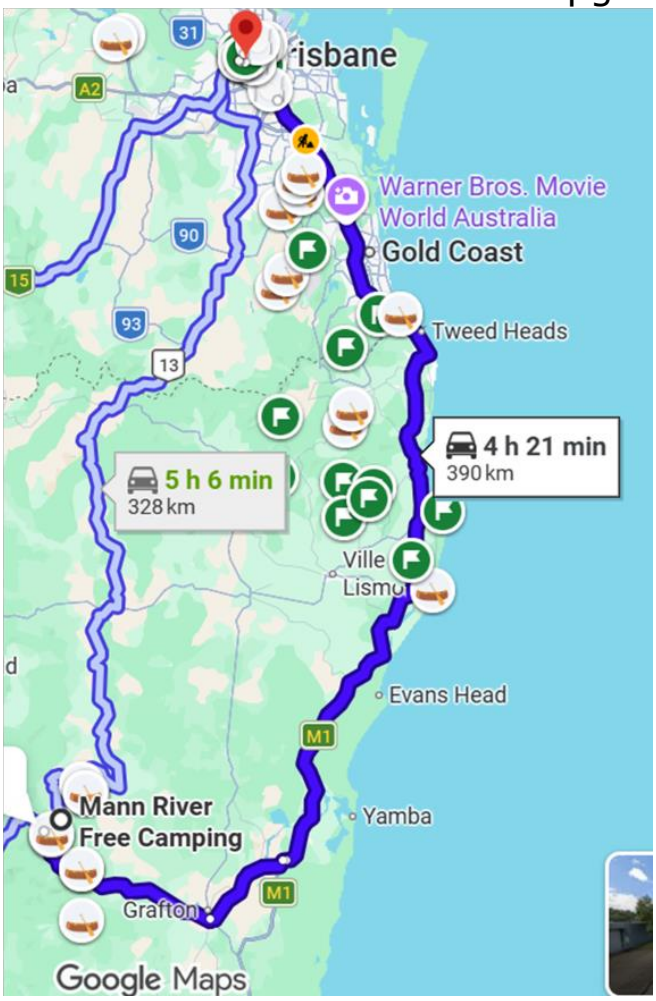
- 8AM Safety briefing by the river
- 8:30AM Everyone geared up ready to paddle
  2H skill paddle session around the grade 2 rapid below the bridge next to the campsite.
- 10:30AM 30 minutes session of swimming on the same rapid. Active/passive swimming.
  Rope throwing/rescuing.
- 11AM Lunch break
- 1:30PM Safety briefing by the river
- 1:45PM Everyone geared up ready to paddle
  2H skill paddle session around the grade 2 rapid below the bridge next to the campsite and paddle down to the following rapid to practice skill to go up the current using eddy, reading the current, and identifies hazard.
- 3:45PM 1h session of esquimo roll introduction on a flat bit of the river
- 4:45PM End of the day. Enjoying the peacefulness of the campsite.

Sunday

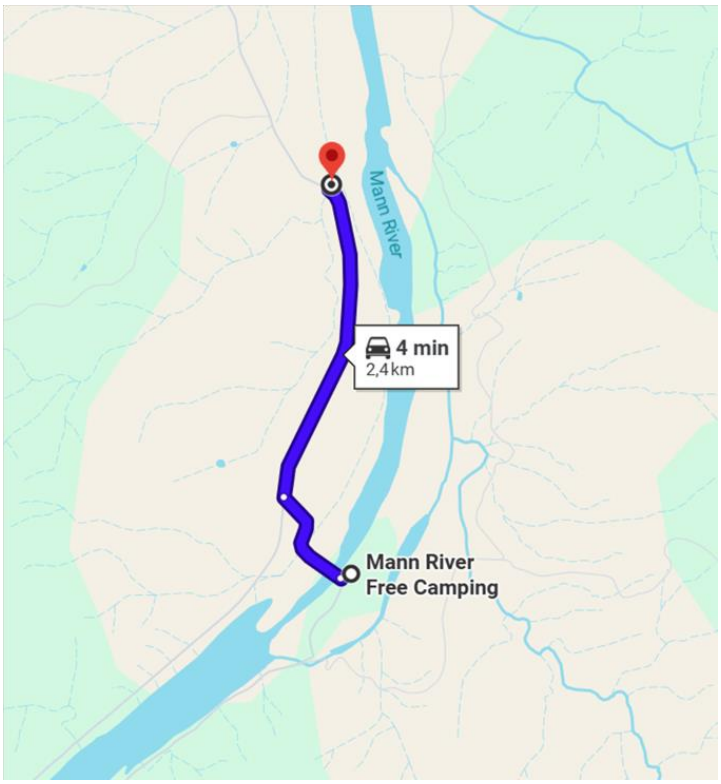
- 7AM Packing up camp.
- 8AM Safety briefing by the river
- 8:15AM Organizing shuttle with one car going at the put out.
- 8:30AM Everyone geared up ready to paddle
  All the skills learned the previous day will be put to practice during this 2 km stretch of the river.
- 10AM Arriving at the put out. Shuttle organized and boat loaded. If good on schedule and the group is not tired a second trip can be organized.
- 11AM Lunch break
- 12AM Departure for Brisbane
- 2PM Break at Ballina Servo
- 3PM Arriving at the shed at unloading cars
- 4PM End of the weekend trip

Put in Point	The Junction Campground, The Junction Road, Towallum NSW 2460	**Take-out Point**	Cartmill Park, 4269A Armidale Rd, Nymboida NSW 2460
Alternate Route Variations	If water levels are too low or high, we will move the event to the Nymboida river between the junction campground and Cartmill Park (cf. Nymboida River plan trip attached)		
Facilities	There is National Park facilities available at the campsite. Water and food must be brought before the trip.		

Route between the shed and campground



Route between the campground/put in and the put out for the second day of paddle



SAFETY

White water kayaking can be hazardous. If conditions are unfavorable, we will not go. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc.), and bring any required medication.

Risks and Management

Club Sea Kayak Risk Assessment (reviewed 25/1/26) Detailed Assessments available

☒ Drowning	☒ Fitness / Fatigue
☒ Sunburn	☒ Equipment Failure
☒ Medical Conditions	☒ Enter / Exit Boat
☒ Cuts Strains and Sprains	☒ Carrying Boats
☒ Dehydration	☒ Algae / Contamination
☐ Ineffective Rudder	☐ Boat Traffic / Shipping
☒ Entire Group Capsizing	☒ Separation from Boat
☒ Hypothermia	☒ Missing / Broken Paddle
☒ Heat Exhaustion / Hyperthermia	☒ Paddle Related Injuries / Tendonitis / Blisters
☒ Tripping While Walking	☒ Hit by Paddle
☒ Group Getting Lost	☒ Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures
☒ Getting Separated from Group	☒ Panic / Fear
☒ Animals and Plants (minor injury)	☒ Rocks and Submerged Objects
☒ Animals and Plants (major injury)	☒ Darkness / Stranded at Night
☒ Bad Weather / Weather Change	☒ Paddling in the Dark / Night Paddling
☐ Sea Sickness	☒ Cooking
☒ Capsize	
☐ Rough Seas	

Club Travel Risk Assessment (reviewed 25/01/26) Detailed Assessments available

☒ Drowsiness while Driving	☒ Incident/Accident while Driving
☒ Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident	☒ Becoming Lost
	☒ Colds & Flu
☒ Injury from Loading / Unloading Equipment from Vehicle	☒ Towing Trailer
	☒ Breakdown or Breakdown in Remote Areas
☒ Unleaded Petrol	

General Risk Management	
Paddler Requirements	Conditions can be calm but can change dramatically with winds and rain. Paddle is conducted on white water, with obstacles and narrow sections. Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand. Participants must assess their and their equipment's ability to cope with this grade of Whitewater event. The club's Whitewater grading scale is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments". Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.
Emergency Contact Information	• **Emergencies only** – 000
Nearest Medical Help and Contacts	Grafton Base Hospital: Emergency Dep. 174 Arthur St, Grafton NSW 2460 Telephone 0266402222

Safety and Personal Equipment			
Personal Equipment (Full list)	☒ Water clothing **(you will get wet)** suitable for temperature and conditions ☒ Dry clothing (to keep warm) ☒ Equipment Requirements for Grade 2 ☒ Food adequate for trip duration ☒ Footwear suitable for white water paddling, swimming. Extra for on land. ***No thongs/flip flops or bare feet*** ☒ Paddle clothes to protect from cold/wind (thermal/spray jacked or cag) ☒ Water and snacks accessible while paddling ☒ Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc.) ☒ Water – 3L ☒ Camping equipment (tent, mattress, sleeping bag, pillow) ☒ Emergency warm clothes (thermal)		
Kayak Equipment	☒ Dry Bag ☒ Life Jacket (type II) ☒ Buoyancy bags ☒ Whitewater helmet ☒ Sponge / Bailer ☒ Spray Deck - if you have not used one tell the leader before / when you register! ☒ Suitable Craft (maintained Whitewater boat) ☒ Whitewater paddle ☒ Whistle (Fox 40)		
Communications	☐ Flares ☒ Mobile Phone ☒ PLB/EPIRB	☐ Signal Mirror ☐ V-Sheet	☐ VHF Radio ☒ Whistle
Safety Equipment	☒ First Aid Kit ☒ Pin kit ☒ Throw rope	☒Repair Kit ☒ Spare Paddle	
Additional or Emphasized Equipment	Please make sure you bring water, breakfast, snacks, sun protection and footwear.		
Check Paddlers' Equipment (prior to launch)	☒ Bailer/Pump ☒ Footwear ☒ Medication ☒ Buoyancy bags	☒ Life Jacket ☒ Helmet ☒ Spray Deck	☒ Suitable Craft ☒ SunSmart Gear ☒ Water

LOGISTICS

Pre-Trip Meeting	Will be communicated a week before the trip. Time will be communicated via email or SMS to participants
Boat Loading Details	Beginning of the week before the trip. Time will be communicated via email or SMS to participants.
Costs	• $15 wear and tear contribution for club gear use • $50-60 for petrol for your driver / trailer tower • $40-50 We usually organize common food and meals for everyone, not mandatory. You are welcome to bring your own if you want to. • A few extra dollars for coffee or ice-cream afterwards (if time). If you can't use payID, please bring cash as we like to complete reimbursing everything at the end of the trip. If cash, please bring a range of notes as needed for the club, your driver, and/or organizer for costs they may have incurred on your behalf, etc.
Additional Comments/ Instructions	

EVENT REGISTRATION

Register with	Antoine	Contact	Whitewater Rep
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come, first served and number will be limited to 9 participants including trip leaders. Trip Leader will decide.		
Register by	01/11/2026	**Club Event ID**	261106W