

	THE UNIVERSITY OF QUEENSLAND CANOE CLUB		
	WHITE WATER OPEN CANOE: NYMBOIDA RIVER NYMBOIDA - JACKADGERY		
	A weekend canoe trip expedition on grade 1 -2 white water on the Nymboida River with three overnight camping. Leaving Brisbane end afternoon on Friday and coming back Monday Evening (Public holiday on Monday).		



Disclaimer: To register for this trip you will need to participate in a previous white-water introduction.

A beginner paddle and introduction to open canoe on grade 1-2 white water (and a grade 3 rapid that can/will be portaged) on the Nymboida River. Basic stroke using a canoe paddle, balance, leaning, current reading, safety knowledge, packing a boat, swimming and camping skills will be involved.

We'll be leaving Brisbane on Friday afternoon/evening and be back on Monday evening. We'll be paddling down the river and camping along it during all duration of the trip, 3 night total.

Discipline	White water canoeing	Paddle Grade	1-2
Date(s)	03/10/2026	Event ID	261003W
Distance	45.8km	Duration	Three days
Leader	Antoine Morangais	2IC	Callum Finglas

Trip Outline

Friday evening

- 5PM Meet at club shed to pack trailer / load cars
- 6PM Departure
- 8PM Dinner break at Ballina servo
- 11PM Arriving at Cartmill campground. Set up camp for the night.

Saturday

- 8AM Organizing the shuttle
- 11:30AM Safety briefing by the river
- 11:45AM Everyone geared up ready to paddle. 12km paddle to the campsite above Fisherman's hut rapid.
- 12:45AM Lunch break by the river.
- 1:30PM Safety briefing by the river
- 1:45PM Everyone geared up ready to paddle to cover the remaining distance to the campsite.
- 4:45PM End of the day. Enjoying the peacefulness of the campsite.

Sunday

- 7AM Packing up camp.
- 8AM Safety briefing by the river
- 8:15AM Beginning of the 24.6km paddle until our next campsite for the weekend above M&M Muncher rapid.
- 12AM Lunch break by the river.
- 1:30PM Safety briefing by the river
- 1:45PM Everyone geared up ready to paddle to cover the remaining distance to the campsite.
- 4:45PM End of the day. Enjoying the peacefulness of the campsite.

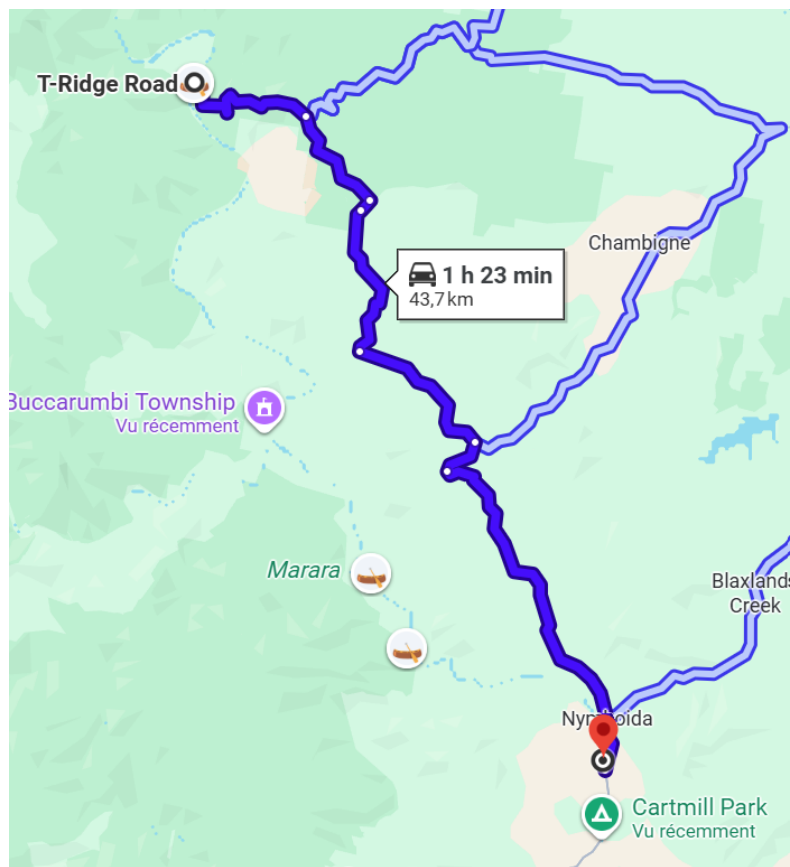
Monday

- 7AM Packing up camp.
- 8AM Safety briefing by the river
- 8:15AM Beginning of the remaining 10km of the expedition.
- 12AM Lunch break by the river.
- 2PM Arriving at the put out. Loading up the boat and organizing shuttle.
- 4PM Departure for Brisbane
- 6PM Break at Ballina Servo
- 7:30PM Arriving at the shed at unloading cars
- 9PM End of the weekend trip

Put in Point	3968 Armidale Rd, Nymboida NSW 2460 -29.979019, 152.725694	Take-out Point	Nymboida River campground T-Ridge Road, Jackadgery NSW 2460 29°42'46.9"S 152°33'28.7"E
Alternate Route Variations	If water levels are too low or high, we will move the event to a different section of the Mann or Nymboida river (cf. See other trip plans)		
Facilities	There are no facilities nearby on this trip. Water and food must be brought before the trip.		



Route between the shed and campground



Route between Put In & Take Out sites



PADDLE DISTANCE

SAFETY

White water kayaking can be hazardous. If conditions are unfavorable, we will not go. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc.), and bring any required medication.

Risks and Management

Club Whitewater Risk Assessment (reviewed 25/1/26) Detailed Assessments available

☒ Guide ability ☒ Medical Condition ☒ Participant ability ☒ Interaction with public ☒ Severe weather ☒ Sun exposure ☒ Cold exposure ☒ Wildlife, Bites & Stings ☒ Vehicle accident ☒ Drinking water availability ☒ Water flow	☒ Unloading/loading boats ☒ Rapid beyond skill level ☒ Slippery surfaces & riverbanks ☒ Obstacles in the river ☒ Foot entrapment ☒ Equipment failure ☒ Ropes used across river (rescues) ☒ Cooking ☒ Camping Injury ☒ Colds & Flu
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Club Travel Risk Assessment (reviewed 20/11/25) Detailed Assessments available

☒ Drowsiness while Driving ☒ Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident ☒ Injury from Loading / Unloading Equipment from Vehicle ☒ Unleaded Petrol	☒ Incident/Accident while Driving ☒ Becoming Lost ☒ Breakdown or Breakdown in Remote Areas ☒ Towing Trailer ☒ Colds & Flu
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Paddler Requirements

Conditions can be calm but can change dramatically with winds and rain. Paddle is conducted on white water, with obstacles and narrow sections.

Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.

Participants must assess their and their equipment's ability to cope with this grade of Whitewater event. The club's Whitewater grading scale is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand.

Participants need the skills for the grade of the trip, unless modified below "Additional Comments". Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.

General Risk Management

Paddler Requirements	Conditions can be calm but can change dramatically with winds and rain. Paddle is conducted on white water, with obstacles and narrow sections. Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand. Participants must assess their and their equipment's ability to cope with this grade of Whitewater event. The club's Whitewater grading scale is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments". Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.
Emergency Contact Information	• Emergencies only – 000
Nearest Medical Help and Contacts	Grafton Base Hospital: Emergency Dep. 174 Arthur St, Grafton NSW 2460 Telephone 0266402222

Safety and Personal Equipment

Personal Equipment (Full list)	☒ Water clothing (you will get wet) suitable for temperature and conditions ☒ Dry clothing (to keep warm) ☒ Equipment Requirements for Grade 2 ☒ Food adequate for trip duration ☒ Footwear suitable for paddling, swimming, walking on rocks / banks. Extra for on land. <i>No thongs/flip flops or bare feet!!</i> (sharp rocks/ branches ruin trips!) ☒ Paddle clothes to protect from cold/wind (thermal/spray jacked or cag) ☒ Water and snacks accessible while paddling ☒ Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc.) ☒ Water – 3L ☒ Camping equipment (tent, mattress, sleeping bag, pillow) ☒ Emergency warm clothes (thermal)
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Kayak Equipment (Required whitewater kayaking equipment for grade)	☒ Dry Bag ☒ Life Jacket (type II) ☒ Buoyancy bags ☒ Whitewater helmet ☒ Sponge / Bailer ☒ Spray Deck - if you have not used one <u>tell the leader</u> before / when you register! Prior training / demonstration required. ☒ Suitable Craft (maintained Whitewater boat) ☒ Whitewater paddle ☒ Whistle (Fox 40)		
Communications	☐ Flares ☒ Mobile Phone ☒ PLB/EPIRB	☐ Signal Mirror ☐ V-Sheet	☐ VHF Radio ☒ Whistle
Safety Equipment	☒ First Aid Kit ☒ Pin kit ☒ Throw rope ☒ Additional throw rope	☒ Repair Kit ☒ Spare Paddle ☒ Group shelter	☒ Emergency food ☒ Emergency light
Additional or Emphasized Equipment	Please make sure you bring water, breakfast, snacks, sun protection and footwear.		
Check Paddlers' Equipment (prior to launch)	☒ Bailer/Pump ☒ Footwear ☒ Medication ☒ Buoyancy bags	☒ Life Jacket ☒ Helmet ☒ Spray Deck	☒ Suitable Craft ☒ SunSmart Gear ☒ Water

LOGISTICS

Pre-Trip Meeting	Will be communicated a week before the trip. Time will be communicated via email or SMS to participants
Boat Loading Details	Beginning of the week before the trip. Time will be communicated via email or SMS to participants.
Costs	• \$10 wear and tear contribution for club gear use (per day) • \$40-50 for petrol for your driver / trailer tower • \$10-15 for the campsite • \$50-60 We usually organize common food and meals for everyone, not mandatory. You are welcome to bring your own if you want to. • A few extra dollars for coffee etc afterwards (if time).

	If you can't use payID, please bring cash as we like to complete reimbursing everything at the end of the trip. If cash, please bring a range of notes as needed for the club, your driver, and/or organizer for costs they may have incurred on your behalf, etc.
Additional Comments/Instructions	

EVENT REGISTRATION

Register with	Antoine	Contact	<u>Whitewater Rep</u>
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come, first served and number will be limited to 8 participants including trip leaders. Trip Leader will decide.		
Register by	24/10/2026	Club Event ID	261003W

PARTICIPANT INFORMATION (DO NOT POST TO THE WEBSITE)			
Leader Info	Antoine Morançaïs	whitewater@uqcanoecub.net	0490533253
2IC Info			
Organiser Info	[Author]	pete@uqcanoecub.net	

Club awareness of Insurance Cover: Members should be aware that under personal accident insurance benefits may not be payable in respect of any injury which results from reckless misconduct or any illegal or criminal act committed by the covered person. This could be relevant where alcohol or illicit substances have been consumed.

Hospital Cover: Where a covered person requires medical treatment and has a choice of going to a public or private medical provider, club executives must be aware and ensure members are aware that under personal accident insurance:

- The policy does have restrictions on choice of provider; and
- Costs that are not claimable under Medicare (not included on the Medicare benefits schedule) are claimable under the personal accident policy (any claim will be considered subject to full policy terms and conditions); BUT
- It is unlawful for insurers to pay any benefit under the policy in respect of any Medicare gap. If the out-of-pocket expenses are higher at a private medical provider for items on the medical benefits schedule, this will therefore increase the uninsured expenses for the covered person and can result in the covered person having to personally fund significant out-of-pocket expenses.

Critical Incident Procedure – adapted from UQ Sport (2025):

A critical incident is an occurrence where a member or members of a club are involved in a traumatic event or situation, or the threat of such, which causes or is likely to cause a fatality, sever physical injury, fear, harm, or severe emotional distress.

In the event of a critical incident, the club's activity leader, instructor, coach, or team manager should follow the following steps:

Critical Incident – Important Steps
Take appropriate action to clear the area of any immediate danger and ensure the safety of others
Commence first aid and/or seek assistance from others qualified to commence first aid
For incidents on campus: call UQ Security on 33653333, or dial 000 for off campus incidents and ask for the relevant emergency service (Police, Fire or Ambulance)
Follow directions from emergency service personnel
Once above steps have been followed, immediately contact UQ Sport: Chief Executive Officer 07 2115 7101 Campus Engagement Manager 07 2115 7109
Follow directions from UQ Sport

Media Procedure: If approached or contacted by a media outlet regarding a critical incident, do not engage in any questioning or comment on the matter. Immediately notify UQ Sport, who will coordinate a response.

Incidents

Complete and submit a UQ Sport Incident Report Form within 24 hours 	See the club's incident reporting procedures  Also contact the club committee (committee@uqcanoecub.net) and complete a club incident report if requested (located in first aid kits)	Club Member Protection Information Officers MPIOs@uqcanoecub.net Steff Linde-Balko (steff@uqcanoecub.net) Martin Wynne (martin@uqcanoecub.net) Play by the Rules 
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EVENT ORGANISATION (UQ SPORT / CLUB)

Insurance Information for Leaders

(latest insurance notes from UQ Sport)

☒ As leader I understand that activities that are illegal, criminal, or deemed “reckless” or “irresponsible” may void the associated insurance. Consequently I will endeavour to follow club procedures and risk management to the best of my ability.

☒ As leader I understand that if a serious incident occurs, that I will follow the critical incident procedures below if appropriate, contact the committee as soon as practicable, and lodge incident reports (below).

☐ Interclub / Inter-organisation Activity

There are insurance issues if this activity involves competition and interaction with non-club members, such as members of another club – primarily personal accident insurance if they get injured, and liability insurance if they injure others (such as our members!).

Please supply –

- ☐ Evidence event is an official club event of the other club / organising body
- ☐ Certificate of currency for the other club / organisation (including minimum \$20 mil liability insurance)
- ☐ Copies of other organisation’s risk assessments (attached).
- ☐ Interclub agreement on activity including risk mitigation (ensuring risk management is consistent and does not conflict).
- ☐ Agreement by the other club/organisation for UQCC to participate. Follow codes of conduct. First aider.
- ☐ UQCC certificate of Currency supplied to the other club / organisation (including minimum \$20 mil liability insurance)
- ☐ Their **Risk assessments** – checked. Host & overarching document