



THE UNIVERSITY OF QUEENSLAND CANOE CLUB

White water paddle skill development

A weekend trip skill development paddle on grade 2 and few small rapid grade 3 white water on the Nymboida River with two overnight camping. Leaving Brisbane end afternoon on Friday and coming back Sunday Evening.



Disclaimer : To register to this trip you will need to have participated to a previous white water introduction.

A beginner paddle on grade 1 - 2 white water on the Mann River. We will focus on safety, river reading and basics of boat control. There will be swimming involved. After practising the basics Saturday on a small rapid next to the campsite We will paddle a 24km section of the river on Sunday putting those skills to practice.

Discipline	Whitewater	Paddle Grade	[2, (3)]
Date(s)	26-28/06/26	Event ID	260626W
Distance	24.3km	Duration	One and a half day
Leader	Antoine Morançais	2IC	Callum Finglas

Trip Outline

Friday evening

- 5PM Meet at club shed to pack trailer / load cars
- 6PM Departure
- 8PM Dinner break at Ballina servo
- 10:30PM Arriving at the Junction campsite. Set up camp for the weekend.

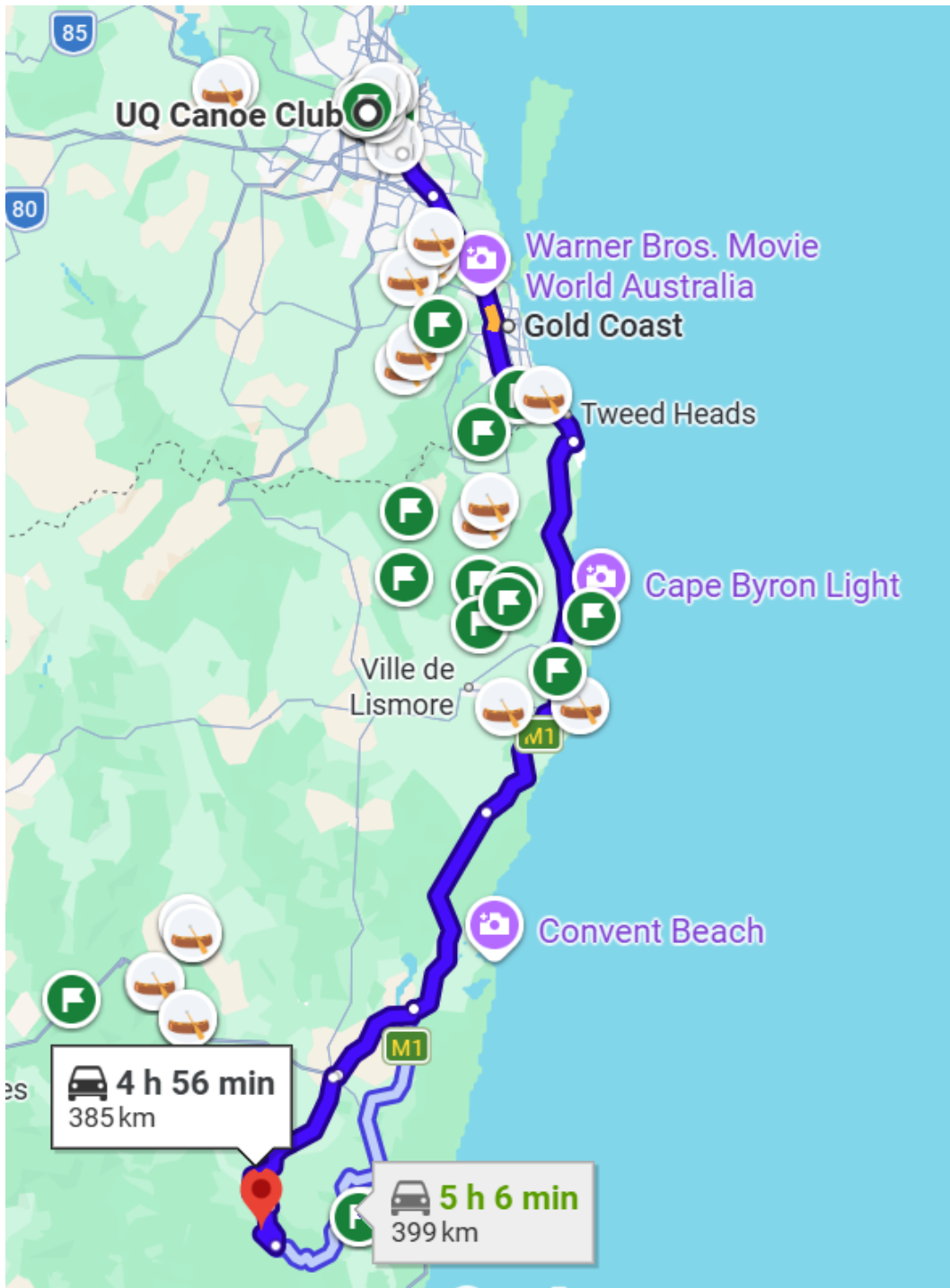
Saturday

- 8AM Safety briefing by the river
- 8:30AM Everyone geared up ready to paddle
2H skill paddle session around the grade 2 rapid next to the campsite.
- 10:30AM 30 minutes session of swimming on the same rapid. Active/passive swimming.
Rope throwing/rescuing.
- 11AM Lunch break
- 1:30PM Safety briefing by the river
- 1:45PM Everyone geared up ready to paddle
2H skill paddle session around the grade 2 rapid next to the campsite and paddle down to the following rapid to practice skill to go up the current using eddy, reading the current, and identifies hazard.
- 3:45PM 1h session of esquimo roll introduction on a flat bit of the river
- 4:45PM End of the day. Enjoying the peacefulness of the campsite.

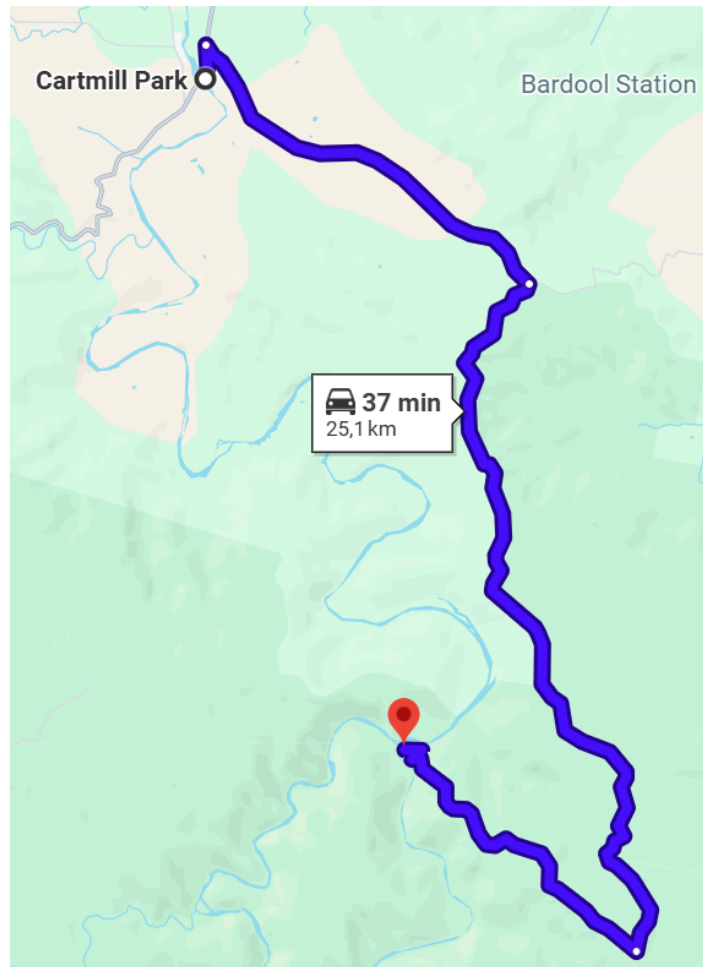
Sunday

- 6AM Packing up camp.
- 7AM Organising shuttle with one car going at the put out.
- 8:15AM Safety briefing by the river
- 8:30AM Everyone geared up ready to paddle
All the skill learned the previous day will be put to practise during this 24 km stretch of the river.
- 11AM Lunch break by the river.
- 3:30PM Arriving at the put out. Shuttle organised and boat loaded.
- 4:30PM Departure for Brisbane
- 6:30PM Break at Ballina Servo
- 9PM Arriving at the shed at unloading the cars
- 9:30PM End of the weekend trip

Route between the shed and campground



Route between the campground/put in and the put out for the second day of paddle



Put in Point	The Junction Campground, The Junction Road, Towallum NSW 2460	Take-out Point	Cartmill Park, 4269A Armidale Rd, Nymboida NSW 2460
Alternate Route Variations	<ul style="list-style-type: none"> • If water levels are to low or high we will move the event to the Mann river (cf. The Mann River trip plan attached) 		
Facilities	There are no facilities nearby on this trip. Water and food must be brought before the trip		

SAFETY

White water kayaking can be hazardous. If conditions are unfavourable we will not go. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Whitewater Risk Assessment (reviewed 25/01/26) Detailed Assessments available

<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Guide ability <input checked="" type="checkbox"/> Medical Condition <input checked="" type="checkbox"/> Participant ability <input checked="" type="checkbox"/> Interaction with public <input checked="" type="checkbox"/> Severe weather <input checked="" type="checkbox"/> Sun exposure <input checked="" type="checkbox"/> Cold exposure <input checked="" type="checkbox"/> Wild Life, Bites & Stings <input checked="" type="checkbox"/> Vehicle accident 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Drinking water availability <input checked="" type="checkbox"/> Water flow <input checked="" type="checkbox"/> Unloading/loading boats <input checked="" type="checkbox"/> Slippery surfaces & river banks <input checked="" type="checkbox"/> Obstacles in the river <input checked="" type="checkbox"/> Foot entrapment <input checked="" type="checkbox"/> Equipment failure <input checked="" type="checkbox"/> Ropes used across river (rescues) <input checked="" type="checkbox"/> Covid
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Club Travel Risk Assessment (reviewed 25/01/26) Detailed Assessments available)

<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Drowsiness while Driving <input checked="" type="checkbox"/> Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident <input checked="" type="checkbox"/> Injury from Loading / Unloading Equipment from Vehicle <input checked="" type="checkbox"/> Unleaded Petrol 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Incident/Accident while Driving <input checked="" type="checkbox"/> Becoming Lost <input checked="" type="checkbox"/> Breakdown or Breakdown in Remote Areas <input checked="" type="checkbox"/> Towing Trailer <input checked="" type="checkbox"/> Covid
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General Risk Management

<p>Paddler Requirements</p>	<p>Conditions can be calm, but can change dramatically with winds and rain. Paddle is conducted on white water, with obstacles and narrow sections.</p> <p>Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.</p> <p>Participants must self-assess their, and their equipment’s ability to cope with this grade of Whitewater event. The club Whitewater grading scale is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand.</p> <p>Participants need the skills for the grade of the trip, unless modified below “Additional Comments”.</p> <p>Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.</p>
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Emergency Contact Information	<ul style="list-style-type: none"> • Emergencies only – 000
Nearest Medical Help and Contacts	<ul style="list-style-type: none"> • Grafton Base Hospital: Emergency Dep. • 174 Arthur St, Grafton NSW 2460 • Telephone 0266402222

Safety and Personal Equipment

Personal Equipment (Full list)	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Paddle clothing (You will get wet) - suitable for temperature and conditions <input checked="" type="checkbox"/> Dry clothing for after (to keep warm) <input checked="" type="checkbox"/> Equipment Requirements for Grade <input checked="" type="checkbox"/> Food adequate for trip duration <input checked="" type="checkbox"/> Footwear suitable for paddling, swimming, walking on rocks / banks. Extra for on land. No thongs/flip flops or bare feet!! (sharp rocks/ branches ruin trips!) <input checked="" type="checkbox"/> Paddle clothes to protect from cold/ wind / rain (e.g. thermal/ spray-jacket or cag) <input checked="" type="checkbox"/> Camping equipment (tent, mattress, sleeping bag, pillow) <input checked="" type="checkbox"/> Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) <input checked="" type="checkbox"/> Water for trip – 3L <input checked="" type="checkbox"/> Emergency warm clothes (eg thermal)
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Kayak Equipment (Required whitewater kayaking equipment for grade)	<input checked="" type="checkbox"/> Dry Bag <input checked="" type="checkbox"/> Life Jacket (type II) <input checked="" type="checkbox"/> Buoyancy bags <input checked="" type="checkbox"/> Whitewater helmet <input checked="" type="checkbox"/> Sponge / Bailer <input checked="" type="checkbox"/> Spray Deck - if you have not used one tell the leader before / when you register! Prior training / demonstration required. <input checked="" type="checkbox"/> Suitable Craft (maintained Whitewater boat) <input checked="" type="checkbox"/> Whitewater paddle <input checked="" type="checkbox"/> Whistle (Fox 40)		
Communications	<input checked="" type="checkbox"/> Mobile Phone <input checked="" type="checkbox"/> PLB /Spot	<input checked="" type="checkbox"/> Whistle	
Safety Equipment	<input checked="" type="checkbox"/> First Aid Kit <input checked="" type="checkbox"/> Pin Kit <input checked="" type="checkbox"/> Tow rope	<input checked="" type="checkbox"/> Group Shelter <input checked="" type="checkbox"/> Repair gear (Duct tape, etc)	<input checked="" type="checkbox"/> Throw ropes <input checked="" type="checkbox"/> Spare Paddle (4 pieces)
Additional or Emphasised Equipment	Please make sure you bring water (3-4 litres), lunch, snacks, diner, sun protection and foot wear.		
Check Paddlers' Equipment (prior to launch)	<input checked="" type="checkbox"/> Suitable Craft <input checked="" type="checkbox"/> Buoyancy bags <input checked="" type="checkbox"/> Spray Deck	<input checked="" type="checkbox"/> Life Jacket <input checked="" type="checkbox"/> Helmet <input checked="" type="checkbox"/> Footwear	<input checked="" type="checkbox"/> Sunsmart Gear <input checked="" type="checkbox"/> Water <input checked="" type="checkbox"/> Medication

LOGISTICS

Costs	<ul style="list-style-type: none"> • \$10 wear and tear contribution for club gear use • \$ for petrol for your driver / trailer tower • A few extra dollars for a coffee etc afterwards (if time). <p>If you can't use payID, please bring cash as we like to complete reimbursing everything at the end of the trip. If cash, please bring a range of notes as needed for the club, your driver, and/or organiser for costs they may have incurred on your behalf, etc.</p>
Additional Comments/ Instructions	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited to 8 participants trip leaders included.

EVENT REGISTRATION

Register with	Antoine	Phone number	0490533253
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited to 8 participants including both trip leaders . Trip Leader will decide.		
Register by	20/06/26	Club Event ID	260627W