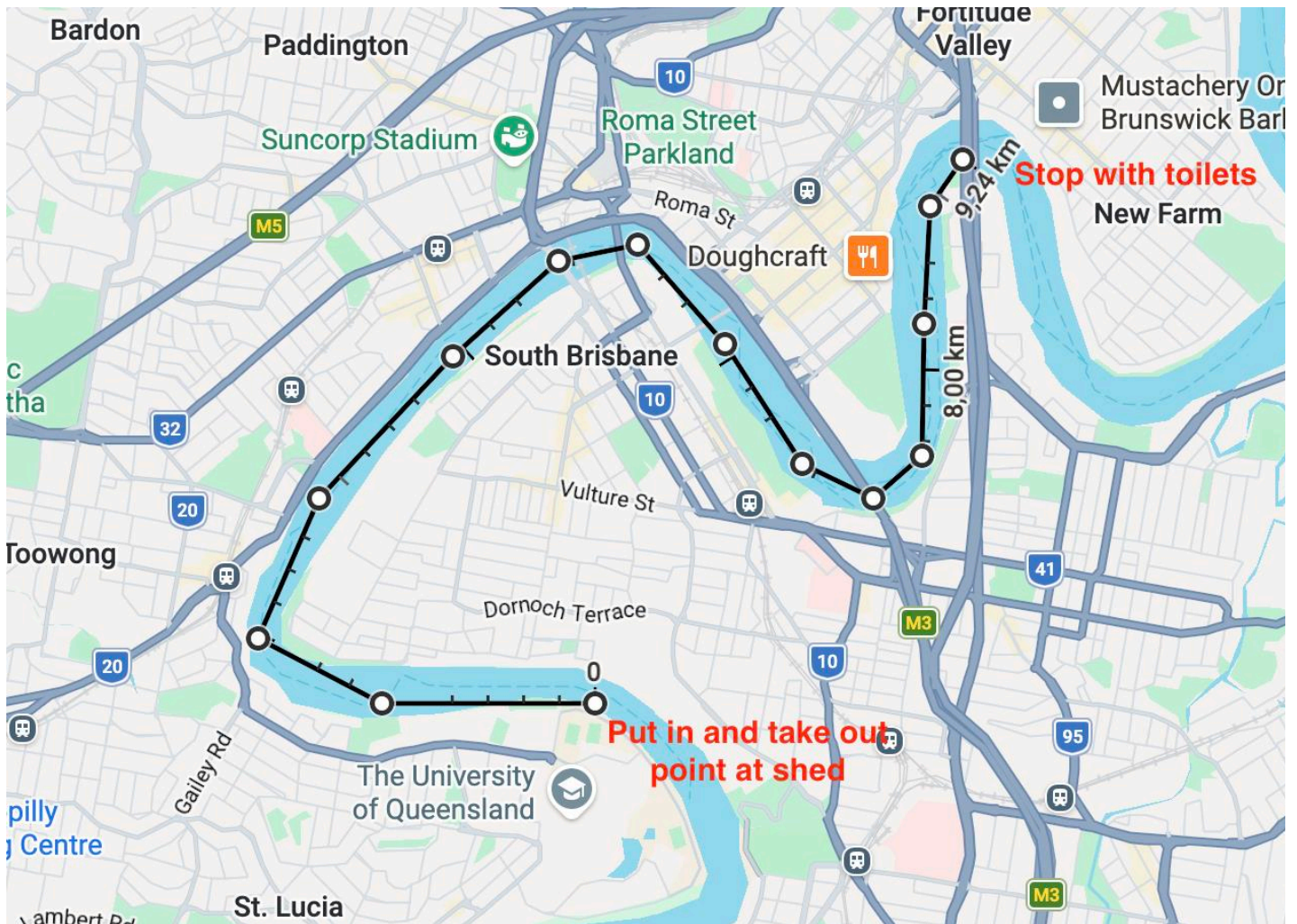
	THE UNIVERSITY OF QUEENSLAND CANOE CLUB
	G1: STORY BRIDGE PADDLE
	We paddle from the club shed to the Story Bride and back. We will have tidal assistance both ways and stop directly under the Story Bridge until the tide has turned.



The Story Bridge is an 18 km paddle with tidal assistance. It is beginner friendly, but you need to be able to paddle for several hours. We start at the club shed and paddle 9 km along the city towards the Story Bridge. At low tide we have a small beach below the bridge where we stop for lunch and wait for the tide to turn.

We start paddling back at about 2 pm.

Discipline	Flatwater	Paddle Grade	1
Date(s)	Saturday 28/03/26	Event ID	260328F
Distance	18 km	Duration	7 hrs / 4 paddling hrs
Leader	Steff Linde-Balko	2IC	TBD



Route Map

Tides	Brisbane Bar: Low: 12:52 (0.7m) ~ 30 min later at Story Bridge	Moon	First quarter
Sunrise/set	Sunset at 5:50 pm		

Trip Outline

- 9:45 am - Meet at club shed and prepare gear
- 10:30 am - Depart shed and start paddle
- 12:30 pm - Lunch at Story Bridge – toilets and water available
- 2:00 pm – Depart Story Bridge
- 4:00 pm - Arrive shed, wash and put away gear
- 5:00 pm - Finished



Lunch Stop

Put in Point	UQ Canoe Club Pontoon	Take-out Point	UQ Canoe Club Pontoon
Alternate Route Variations	Possible other points to stop are West End markets or Southbank		
Facilities	Toilets and water available at park next to Story Bridge		

SAFETY

Kayaking can be hazardous. If conditions are unfavourable, we will not go. We will register with the coast guard prior to departure and be in telephone contact. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Flatwater Risk Assessment (reviewed 25/1/26) Detailed Risk Assessments available

<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Drowning <input checked="" type="checkbox"/> Sunburn <input checked="" type="checkbox"/> Medical Conditions <input checked="" type="checkbox"/> Cuts Strains and Sprains <input checked="" type="checkbox"/> Dehydration <input checked="" type="checkbox"/> Ineffective Rudder <input type="checkbox"/> Entire Group Capsizing <input checked="" type="checkbox"/> Hypothermia <input checked="" type="checkbox"/> Heat Exhaustion / Hyperthermia <input checked="" type="checkbox"/> Tripping While Walking <input type="checkbox"/> Group Getting Lost <input checked="" type="checkbox"/> Getting Separated from Group <input checked="" type="checkbox"/> Animals and Plants (minor injury) <input checked="" type="checkbox"/> Animals and Plants (major injury) <input checked="" type="checkbox"/> Bad Weather / Weather Change <input checked="" type="checkbox"/> Capsize <input checked="" type="checkbox"/> Fitness / Fatigue <input checked="" type="checkbox"/> Equipment Failure <input checked="" type="checkbox"/> Enter / Exit Boat <input checked="" type="checkbox"/> Carrying Boats 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Algae / Contamination <input checked="" type="checkbox"/> Boat Traffic / Shipping <input checked="" type="checkbox"/> Separation from Boat <input checked="" type="checkbox"/> Missing / Broken Paddle <input checked="" type="checkbox"/> Paddle Related Injuries/ Tendonitis / Blisters <input type="checkbox"/> Hit by Paddle <input checked="" type="checkbox"/> Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures <input checked="" type="checkbox"/> Sinking Boat <input checked="" type="checkbox"/> Panic / Fear <input checked="" type="checkbox"/> Rocks and Submerged Objects <input type="checkbox"/> Darkness / Stranded at Night <input type="checkbox"/> Paddling in the Dark / Night Paddling <input type="checkbox"/> Gravel runs and grade 1 rapids <input checked="" type="checkbox"/> Colds and Flu
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Additional Risks

General Risk Management

Paddler Requirements

Conditions can be calm but can change dramatically with winds and tides contributing significantly to this.

Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.

Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The [club grading scale](#) is located on the club website. This should be consulted prior to registration,

	<p>and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments".</p> <p>Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.</p>
Emergency Contact Information	<ul style="list-style-type: none"> • Coast Guard Brisbane (QF2) Ph: (07) 3396 5911 Mobile: 0404 466 000 VHF 16, 73, 81 Phone: Sat & Sun 0600 – 1800 • Emergencies only – 000
Nearest Medical Help and Contacts	<p>Hospital(s)</p> <ul style="list-style-type: none"> • Princess Alexandria Hospital: 3176 2111 199 Ipswich Rd, Woolloongabba
Safety and Personal Equipment	
Personal Equipment (Full list)	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Clothing you can get wet (on the water) <input checked="" type="checkbox"/> Dry clothing (to keep warm) <input checked="" type="checkbox"/> Equipment Requirements for Grade <input checked="" type="checkbox"/> Food adequate for trip duration <input checked="" type="checkbox"/> Footwear suitable for paddling, swimming. Extra for on land. No thongs/flip flops or bare feet (oysters and spiky/venomous animals can get you!) <input checked="" type="checkbox"/> Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) <input checked="" type="checkbox"/> Water and snacks accessible while paddling <input checked="" type="checkbox"/> Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) <input checked="" type="checkbox"/> Water – 3L per day (4L if camping)
Kayak Equipment (Required sea kayaking equipment for grade)	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Dry Bag <input checked="" type="checkbox"/> Life Jacket (type II) and Paddle <input type="checkbox"/> Paddle Tie <input checked="" type="checkbox"/> Pump, Sponge, and Bailer <input type="checkbox"/> Paddle Float <input type="checkbox"/> Spray Deck - if you have not used one tell the leader before or when you register! Pre-trip training may be needed. <input checked="" type="checkbox"/> Suitable Craft (sea kayak/ stable flatwater boat / TK, K) <input checked="" type="checkbox"/> Whistle

Communications	<input checked="" type="checkbox"/> Flares <input checked="" type="checkbox"/> Mobile Phone <input checked="" type="checkbox"/> PLB/EPIRB	<input checked="" type="checkbox"/> Signal Mirror <input type="checkbox"/> V-Sheet	<input type="checkbox"/> VHF Radio <input checked="" type="checkbox"/> Whistle
Safety Equipment	<input checked="" type="checkbox"/> First Aid Kit <input checked="" type="checkbox"/> Hand Pump	<input type="checkbox"/> Paddle Floats <input checked="" type="checkbox"/> Repair Kit	<input type="checkbox"/> Rescue Stirrup <input checked="" type="checkbox"/> Spare Paddle
Additional or Emphasised Equipment	Please make sure you bring water (2-4 litres), lunch, snacks, sun protection and footwear. Water and snacks need to be accessible whilst you paddle		
Check Paddlers' Equipment (prior to launch)	<input checked="" type="checkbox"/> Bailer/Pump <input checked="" type="checkbox"/> Footwear <input checked="" type="checkbox"/> Medication	<input checked="" type="checkbox"/> Life Jacket <input type="checkbox"/> Paddle Leash <input type="checkbox"/> Spray Deck	<input checked="" type="checkbox"/> Suitable Craft <input checked="" type="checkbox"/> Sunsmart Gear <input checked="" type="checkbox"/> Water

LOGISTICS

Pre-Trip Meeting	Not needed, briefing will be done before paddle
Boat Loading Details	
Costs	No costs
Additional Comments/ Instructions	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited.

EVENT REGISTRATION

Register with	Steff	Email	Steff - Members Contacts
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
Register by	26/03/2026	Club Event ID	260328F