



THE UNIVERSITY OF QUEENSLAND CANOE CLUB

G1: COOMERA ISLAND CIRCUMNAVIGATION

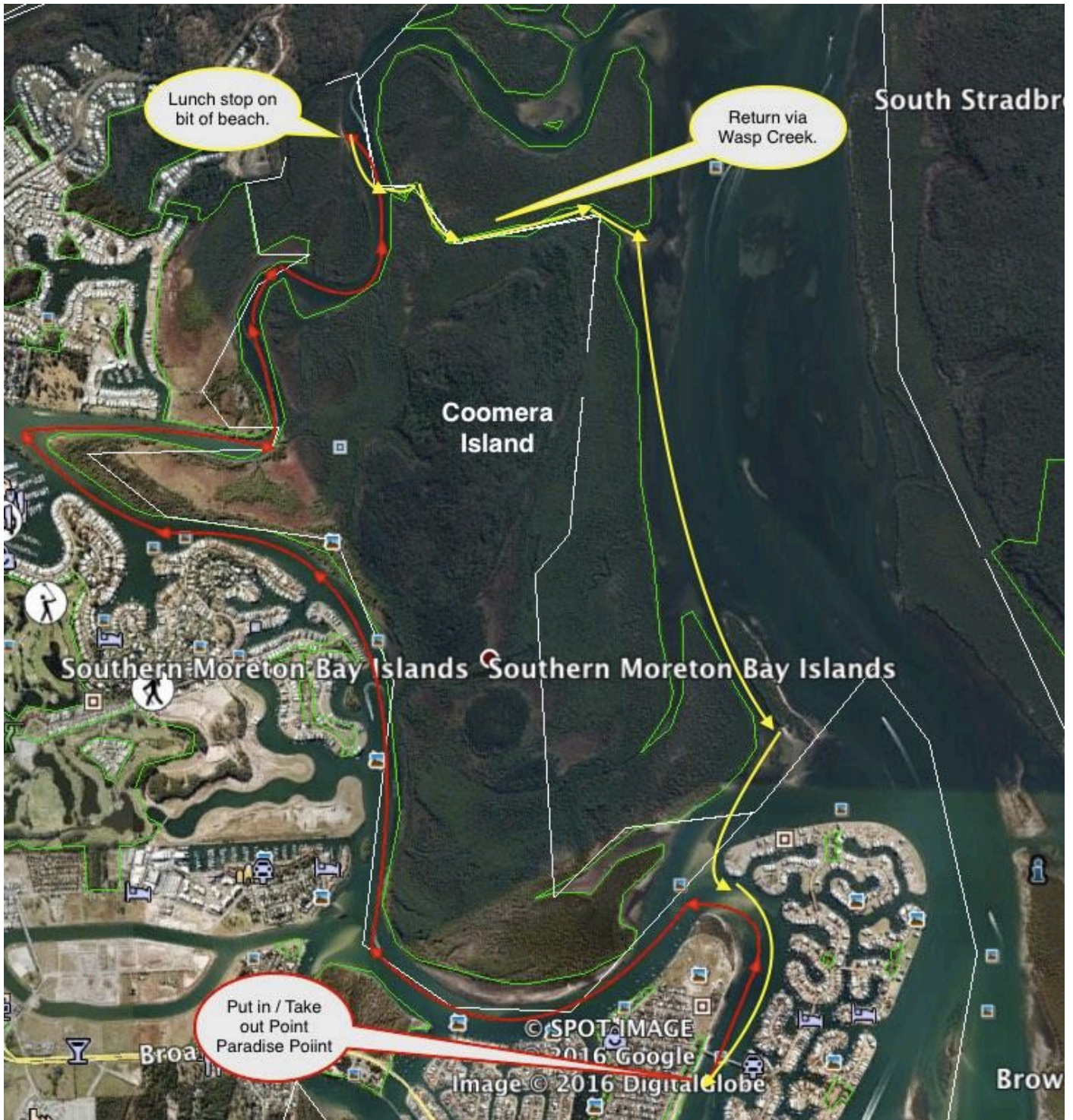
A day trip in the Northern Gold Coast Broadwater from Paradise Point along Hope Island and around and through Coomera Island.

The trip leaves from Paradise point and follows the South Branch of the Coomera River with the tide up as far as Sanctuary Cove (~ 8 km). We will then follow the north branch of the river for 3-4 km and stop for a break (against the tide). Later we will return by cutting across the mangroves through Wasp creek to reach the Broadwater (2 km), then return along the Broadwater to Paradise point.



Discipline	Sea Kayaking	Paddle <u>Grade</u>	1
Date(s)	Sun 05 Apr 2026	Event ID	260405S

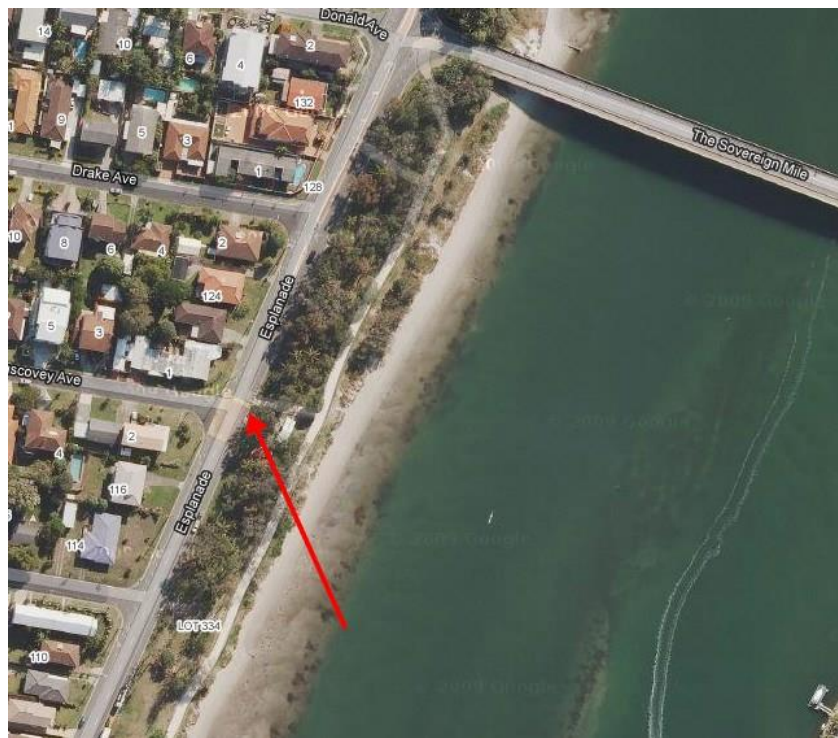
Distance	18 km (11km to lunch and 7 km return)	Duration	~4-5hr paddling & ~1hr lunch.
Leader	Martin Wynne	2IC	TBC



Route Map

Tides	Paradise Point H: 10:58 (1.14m) L: 17:10 (0.34m)	Moon	Full: Thu 2 nd Apr
Sunrise/set	Sunrise ~5:30-6:00 AM / Sunset ~5:40 - 6:03 PM		
Trip Outline			

- 6:30 AM Meet at UQ shed for boat loading.
- 7:30AM Depart Shed
- 8:30AM Arrive Paradise Point
- 9:15 Pre-trip briefing
- 9:30 AM Depart
- 11:00 Coomera River Mouth (7.7km)
- 11:30 Lunch (3.3km)
- 12:30 Return via Wasp Creek
- 13:00 Exit Wasp Creek (2.4km)
- 14:30 Arrive Paradise Point (4.2km)
- 14:45 Potential Skills training
- 15:30 Pack up
- 16:15 Depart Paradise Point
- 17:15 Arrive Shed
- 18:00 Depart Shed



Put in Point

Put-in and Take-out Point	From the beach off the Esplanade at Paradise Point, opposite the end of Muscovy Av – just south of the bridge to Sovereign Islands.
Alternate Route Variations	<ul style="list-style-type: none"> • Go anti-clockwise around the island if conditions dictate • Return the same way (no circumnavigation) depending on conditions
Facilities	Toilets and water available at Put in/Take out. Nothing at lunch point

SAFETY

Sea kayaking on Moreton Bay can be hazardous. If conditions are unfavourable, we will not go. We will register with the VMR prior to departure and be in telephone contact. If you have medical conditions, first consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Sea Kayak Risk Assessment (reviewed 25/1/26) Detailed Risk Assessments available

<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Drowning <input checked="" type="checkbox"/> Sunburn <input checked="" type="checkbox"/> Medical Conditions <input checked="" type="checkbox"/> Cuts Strains and Sprains <input checked="" type="checkbox"/> Dehydration <input checked="" type="checkbox"/> Ineffective Rudder <input checked="" type="checkbox"/> Entire Group Capsizing <input checked="" type="checkbox"/> Hypothermia <input checked="" type="checkbox"/> Heat Exhaustion / Hyperthermia <input checked="" type="checkbox"/> Tripping While Walking <input type="checkbox"/> Group Getting Lost <input checked="" type="checkbox"/> Getting Separated from Group <input checked="" type="checkbox"/> Animals and Plants (minor injury) <input checked="" type="checkbox"/> Animals and Plants (major injury) <input checked="" type="checkbox"/> Bad Weather / Weather Change <input checked="" type="checkbox"/> Sea Sickness <input checked="" type="checkbox"/> Capsize <input checked="" type="checkbox"/> Rough Seas <input type="checkbox"/> Surf <input checked="" type="checkbox"/> Sinking Boat 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Fitness / Fatigue <input checked="" type="checkbox"/> Equipment Failure <input checked="" type="checkbox"/> Enter / Exit Boat <input checked="" type="checkbox"/> Carrying Boats <input type="checkbox"/> Algae / Contamination <input checked="" type="checkbox"/> Boat Traffic / Shipping <input checked="" type="checkbox"/> Separation from Boat <input checked="" type="checkbox"/> Missing / Broken Paddle <input checked="" type="checkbox"/> Paddle Related Injuries/ Tendonitis/ Blisters <input type="checkbox"/> Hit by Paddle <input checked="" type="checkbox"/> Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures) <input checked="" type="checkbox"/> Panic / Fear <input checked="" type="checkbox"/> Rocks and Submerged Objects <input type="checkbox"/> Darkness / Stranded at Night <input type="checkbox"/> Paddling in the Dark / Night Paddling <input checked="" type="checkbox"/> Cooking <input type="checkbox"/> Camping <input checked="" type="checkbox"/> Colds and Flu
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Club Travel Risk Assessment (reviewed 20/11/25) Detailed Assessments available

<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Drowsiness while driving <input checked="" type="checkbox"/> Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident <input checked="" type="checkbox"/> Injury from Loading / Unloading Equipment from Vehicle <input checked="" type="checkbox"/> Unleaded Petrol 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Incident/Accident while Driving <input checked="" type="checkbox"/> Becoming Lost <input checked="" type="checkbox"/> Breakdown or Breakdown in Remote Areas <input checked="" type="checkbox"/> Towing Trailer <input checked="" type="checkbox"/> Colds and Flu
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General Risk Management

Paddler Requirements

Conditions can be calm but can change dramatically with winds and tides contributing significantly to this.

Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.

Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The [club grading](#)

	<p>scale is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments".</p> <p>Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.</p>
Emergency Contact Information	<ul style="list-style-type: none"> • VMR Southport VMR / VMR 400 VHF: 16, 67, 73, 82 Ph: 07 5591 1300 Muriel Henschman Drive, Main Beach QLD 4217 • QF 1 Southport Ph: (07) 5531 1421 171 Marine Pde, Southport QLD 4215 • MRQ Jacobs Well / Marine Rescue Jacobs Well 131 MRQ (131 677) Other enquiries: (07) 5546 1100 VHF Channel 16, 73 or 82 1161 Pimpama Jacobs Well Road, Jacobs Well QLD 4208 • 000
Nearest Medical Help and Contacts	<p>Hospital(s)</p> <ul style="list-style-type: none"> • Gold Coast University Hospital (24hr) - 1300 74 4284 1 Hospital Boulevard, off Parklands Drive, Southport, adjacent to Olsen Ave (emergency on Hollow's way)
Safety and Personal Equipment	
Personal Equipment (Full list)	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Clothing you can get wet (on the water) <input checked="" type="checkbox"/> Dry clothing (to keep warm) <input checked="" type="checkbox"/> Equipment Requirements for Grade <input checked="" type="checkbox"/> Food adequate for trip duration <input checked="" type="checkbox"/> Footwear suitable for paddling, swimming. Extra for on land. No thongs/flip flops or bare feet (oysters and spiky/ venomous animals can get you!) <input checked="" type="checkbox"/> Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) <input checked="" type="checkbox"/> Water and snacks accessible while paddling <input checked="" type="checkbox"/> Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) <input checked="" type="checkbox"/> Water – 3L per day (4L if camping)
Kayak Equipment	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Dry Bag <input checked="" type="checkbox"/> Life Jacket (type II) and Paddle

(Required sea kayaking equipment for grade)	<input checked="" type="checkbox"/> Paddle Tie <input checked="" type="checkbox"/> Pump, Sponge, and Bailer <input checked="" type="checkbox"/> Paddle Float <input checked="" type="checkbox"/> Spray Deck - if you have not used one tell the leader before or when you register! Pre-trip training may be needed. <input checked="" type="checkbox"/> Suitable Craft (sea kayak) <input checked="" type="checkbox"/> Whistle		
Communications	<input checked="" type="checkbox"/> Flares <input checked="" type="checkbox"/> Mobile Phone <input checked="" type="checkbox"/> PLB/EPIRB	<input checked="" type="checkbox"/> Signal Mirror <input checked="" type="checkbox"/> V-Sheet	<input checked="" type="checkbox"/> VHF Radio <input checked="" type="checkbox"/> Whistle
Safety Equipment	<input checked="" type="checkbox"/> First Aid Kit <input checked="" type="checkbox"/> Hand Pump	<input checked="" type="checkbox"/> Paddle Floats <input checked="" type="checkbox"/> Repair Kit	<input type="checkbox"/> Rescue Stirrup <input checked="" type="checkbox"/> Spare Paddle
Additional or Emphasised Equipment	Please make sure you bring water (2-4 litres), lunch , snacks, sun protection and footwear . Water and snacks need to be accessible whilst you paddle. <i>You can also bring thermal/ cag/ wetsuit top if you have it.</i>		
Check Paddlers' Equipment (prior to launch)	<input checked="" type="checkbox"/> Bailer/Pump <input checked="" type="checkbox"/> Footwear <input checked="" type="checkbox"/> Medication	<input checked="" type="checkbox"/> Life Jacket <input checked="" type="checkbox"/> Paddle Leash <input checked="" type="checkbox"/> Spray Deck	<input checked="" type="checkbox"/> Suitable Craft <input checked="" type="checkbox"/> SunSmart Gear <input checked="" type="checkbox"/> Water

LOGISTICS

Boat Loading Details	The trailer will be loaded on Sunday morning prior to leaving. This will depend on numbers and whether a trailer is taken.
Costs	<ul style="list-style-type: none"> • \$10 wear and tear contribution for club gear use (per day) – via payID • \$ for petrol for your driver / trailer tower • A few extra dollars for a coffee etc during/afterwards (if time).
Additional Comments/ Instructions	We will practice T-Rescues during this trip. Please inform the leaders if you have not done a wet exit , or if you aren't sure or aren't confident.

EVENT REGISTRATION

Register with	Martin	Email	Martin
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served. The Trip Leader will decide.		
Register by	Fri 3 Apr 2026	Club Event ID	260405S