



## THE UNIVERSITY OF QUEENSLAND CANOE CLUB

### G1-2: REDCLIFFE TO BRIBIE ISLAND RETURN

This trip is a trip across the northern section of Moreton Bay. It is rated Grade 2 due to the potential exposure to adverse conditions, distance from shore, and distance to paddle.

We will drive to the northern eastern tip of the Redcliffe peninsular and unload the kayaks at the North end of the Park at Scarborough Beach on the south side of the rock groyne. From there we will paddle into Deception Bay towards Bribie island. How far we travel will depend on the progress and abilities of the group. We will have rests on the water. Instead of paddling one way to Bribie island, we have elected to paddle into Deception Bay, crossing to Red Beach on Bribie Island, and then returning to the Scarborough beach put in point. This avoids a long car shuttle and thereby gives us more time on the water. It does make for a longer paddle (12.5km each way).

The tide will be high at ~9 AM then flows to the north (or direction of travel) till 3 PM. There is an opportunity to take sails for those familiar with them. If the winds are light it may be an opportunity for those that are not experienced with sails to learn. We will return after lunch on Red Beach. The low tide is at 3 PM so we will be against some tide for the first hour. The tidal range is large so there will be some current against us at the start of the return journey. This will reduce and increasingly help us on the second part of the return. However the return trip will be the slower leg.

We plan to have lunch on Red Beach, but keep sufficient food handy in your day hatch in case we have it on the water - so keep lunch simple. If the wind forecast is outside grade 1 conditions (~15 knots or more), we will find an alternative paddle destination and will advise well ahead of time. This is a more exposed part of the bay, and will be a greater distance from shore. Consequently we will be more conservative with respect to forecast weather conditions.

<b>Discipline</b>	Sea kayaking	<b>Paddle <u>Grade</u></b>	2 (stronger grade 1 accepted -see paddler requirements). This will also depend in part on forecast wind.
<b>Date(s)</b>	Monday, 6 <sup>th</sup> September 2024	<b>Event ID</b>	251006S
<b>Distance</b>	25 km (tide assisted)	<b>Duration</b>	~ 10 hrs / paddling ~5 hrs
<b>Leader</b>	Martin Wynne	<b>2IC</b>	TBC



Route Map: Scarborough to Red Beach

<b>Tides</b>	Bongaree H 9:08 am (1.74m) L: 15:00 pm (0.15m)	<b>Moon</b>	Full on Tue 7 <sup>th</sup> Oct
<b>Sunset</b>	16:58 – 18:14		
<b>Trip Outline</b>			
<ul style="list-style-type: none"> <li>• 7:30 AM Meet club shed to pack trailer (or 7:30 AM if packed or no trailer)</li> <li>• 8.30 AM depart club shed...</li> <li>• 9:30 AM Meet Put in</li> <li>• 10:30 AM depart for Bribie Island / Red Beach</li> <li>• 13:00 Lunch at Red Beach</li> <li>• 14:00 Depart Lunch</li> <li>• 16:30 Arrive Takeout</li> <li>• 17:00 Depart Takeout</li> <li>• 18:00 Arrive Shed</li> <li>• 19:45 Depart Shed</li> </ul>			



# SAFETY

Sea kayaking on Moreton Bay can be hazardous. If conditions are unfavourable we will not go. We will register with the VMR prior to departure and be in telephone contact. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

## Risks and Management

### Club Sea Kayak Risk Assessment (Detailed Risk Assessments on request)

<input checked="" type="checkbox"/> Drowning <input checked="" type="checkbox"/> Sunburn <input checked="" type="checkbox"/> Medical Conditions <input checked="" type="checkbox"/> Cuts Strains and Sprains <input checked="" type="checkbox"/> Dehydration <input checked="" type="checkbox"/> Ineffective Rudder <input type="checkbox"/> Entire Group Capsizing <input checked="" type="checkbox"/> Hypothermia <input checked="" type="checkbox"/> Heat Exhaustion / Hyperthermia <input checked="" type="checkbox"/> Tripping While Walking <input type="checkbox"/> Group Getting Lost <input checked="" type="checkbox"/> Getting Separated from Group <input checked="" type="checkbox"/> Animals and Plants (minor injury) <input checked="" type="checkbox"/> Animals and Plants (major injury) <input checked="" type="checkbox"/> Bad Weather / Weather Change <input checked="" type="checkbox"/> Sea Sickness <input checked="" type="checkbox"/> Capsize <input checked="" type="checkbox"/> Rough Seas <input checked="" type="checkbox"/> Surf <input checked="" type="checkbox"/> Sinking Boat	<input checked="" type="checkbox"/> Fitness / Fatigue <input checked="" type="checkbox"/> Equipment Failure <input checked="" type="checkbox"/> Enter / Exit Boat <input checked="" type="checkbox"/> Carrying Boats <input type="checkbox"/> Algae / Contamination <input checked="" type="checkbox"/> Boat Traffic / Shipping <input checked="" type="checkbox"/> Separation from Boat <input checked="" type="checkbox"/> Missing / Broken Paddle <input checked="" type="checkbox"/> Paddle Related Injuries / Tendonitis / Blisters <input type="checkbox"/> Hit by Paddle <input checked="" type="checkbox"/> Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures) <input checked="" type="checkbox"/> Panic / Fear <input checked="" type="checkbox"/> Rocks and Submerged Objects <input type="checkbox"/> Darkness / Stranded at Night <input checked="" type="checkbox"/> Paddling in the Dark / Night Paddling <input checked="" type="checkbox"/> Cooking <input type="checkbox"/> Camping <input checked="" type="checkbox"/> Covid
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### Club Travel Risk Assessment (Detailed Risk Assessments on request)

<input checked="" type="checkbox"/> Drowsiness while Driving <input checked="" type="checkbox"/> Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident <input checked="" type="checkbox"/> Injury from Loading / Unloading Equipment from Vehicle <input checked="" type="checkbox"/> Unleaded Petrol	<input checked="" type="checkbox"/> Incident/Accident while Driving <input checked="" type="checkbox"/> Becoming Lost <input checked="" type="checkbox"/> Breakdown or Breakdown in Remote Areas <input checked="" type="checkbox"/> Towing Trailer <input checked="" type="checkbox"/> Covid
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### Additional Risks

## General Risk Management

#### Paddler Requirements

**This is a longer, more exposed paddle in the northern bay. Paddlers should have the following skills consistent with grade 2**

- Maintain cruising speed of 5 kph
- Able to do an assisted rescue (sea kayak T-rescue)
- Able to use a tow rope

	<ul style="list-style-type: none"> <li>• Able to do a self-rescue (ie a reliable roll or paddle float rescue)</li> <li>• Seas may build up if the wind increases (0.5m could occur, potentially up to 1m). Paddlers should have a good brace stroke and confident bracing if seas become rough. We intend to be conservative in relation to the forecasts.</li> <li>• There could be small surf at Red Beach (&lt;0.5m). If it is unmanageable, we will not land, and may head west toward Bongaree for a more sheltered landing site.</li> </ul> <p>Conditions can be calm, but can change dramatically with winds and tides contributing significantly to this.</p> <p>Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.</p> <p>Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The <a href="#">club grading scale</a> is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments".</p> <p style="text-align: center;"><b><i>Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.</i></b></p>
<p><b>Emergency Contact Information</b></p>	<ul style="list-style-type: none"> <li>• <b>VMR Bribie Island</b> <ul style="list-style-type: none"> <li>○ Mob: 07 3408 7596; <b>A/H:</b> 07 3408 7596</li> <li>○ VMR 445 – VHF: 16, 21, 63, 67, 73, 81</li> <li>○ 4 Marine Parade, Bellara QLD 4507</li> </ul> </li> <li>• <b>VMR Redcliffe</b> <ul style="list-style-type: none"> <li>○ Mob: (07) 3203 5522</li> <li>○ QF3 – VHF: 16</li> <li>○ 1 Thurecht Parade, Scarborough</li> </ul> </li> <li>• <b>Emergency:</b> 000</li> </ul>
<p><b>Nearest Medical Help and Contacts</b></p>	<p><b>Hospital(s)</b></p> <ul style="list-style-type: none"> <li>• <b>Redcliffe Hospital</b> <ul style="list-style-type: none"> <li>○ <b>Phone:</b> (07) 3883 7777</li> <li>○ Anzac Avenue, REDCLIFFE</li> </ul> </li> <li>• <b>Caboolture Hospital Emergency</b> <ul style="list-style-type: none"> <li>○ Phone: (07) 5433 8888</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ Ground floor, Main Building 97 – 120 McKean Street, CABOOLTURE <i>entry via Mewett Street</i></li> </ul>
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## Safety and Personal Equipment

<b>Personal Equipment</b>  (Full list)	<input checked="" type="checkbox"/> Clothing you can get wet (on the water) <input checked="" type="checkbox"/> Dry clothing (to keep warm) <input checked="" type="checkbox"/> Equipment Requirements for <a href="#">Grade</a> <input checked="" type="checkbox"/> Food adequate for trip duration <input checked="" type="checkbox"/> Footwear suitable for paddling, swimming. Extra for on land. <b>No thongs/flip flops or bare feet</b> (oysters and spiky/venomous animals can get you!) <input checked="" type="checkbox"/> Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) <input checked="" type="checkbox"/> Water and snacks accessible while paddling <input checked="" type="checkbox"/> Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) <input checked="" type="checkbox"/> Water – 3L per day (4L if camping)		
<b>Kayak Equipment</b>  ( <a href="#">Required sea kayaking equipment for grade</a> )	<input checked="" type="checkbox"/> Dry Bag <input checked="" type="checkbox"/> Life Jacket (type II) and Paddle <input checked="" type="checkbox"/> Paddle Tie <input checked="" type="checkbox"/> Pump, Sponge, and Bailer <input checked="" type="checkbox"/> Paddle Float <input checked="" type="checkbox"/> Spray Deck - if you have not used one <b>tell the leader</b> before or when you register! <b>Spray deck training is required!</b> <input checked="" type="checkbox"/> Suitable Craft [(sea kayak)] <input checked="" type="checkbox"/> Whistle		
<b>Communications</b>	<input checked="" type="checkbox"/> Flares <input checked="" type="checkbox"/> Mobile Phone <input checked="" type="checkbox"/> PLB/EPIRB	<input checked="" type="checkbox"/> Signal Mirror <input checked="" type="checkbox"/> V-Sheet	<input checked="" type="checkbox"/> VHF Radio <input checked="" type="checkbox"/> Whistle
<b>Safety Equipment</b>	<input checked="" type="checkbox"/> First Aid Kit <input checked="" type="checkbox"/> Hand Pump	<input checked="" type="checkbox"/> Paddle Floats <input checked="" type="checkbox"/> Repair Kit	<input type="checkbox"/> Rescue Stirrup <input checked="" type="checkbox"/> Spare Paddle
<b>Additional or Emphasised Equipment</b>	Please make sure you bring water (3-4 litres), lunch, snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle		
<b>Check Paddlers' Equipment</b> (prior to launch)	<input checked="" type="checkbox"/> Bailer/Pump <input checked="" type="checkbox"/> Footwear <input checked="" type="checkbox"/> Medication	<input checked="" type="checkbox"/> Life Jacket <input checked="" type="checkbox"/> Paddle Leash <input checked="" type="checkbox"/> Spray Deck	<input checked="" type="checkbox"/> Suitable Craft <input checked="" type="checkbox"/> Sunsmart Gear <input checked="" type="checkbox"/> Water

## LOGISTICS

<b>Pre-Trip Meeting</b>	n/a (see emails)
<b>Boat Loading Details</b>	Monday 6 <sup>th</sup> Oct 2025 at 7:30 or 8:00 AM (see emails beforehand)

<b>Costs</b>	<ul style="list-style-type: none"> <li>• \$10 wear and tear contribution for club gear use (per day)</li> <li>• \$ for petrol for your driver / trailer tower</li> <li>• A few extra dollars for a coffee etc afterwards (if time).</li> </ul> <p>Please bring cash or be ready to use payID as we like to complete reimbursing everything at the end of the trip.</p>
<b>Additional Comments/ Instructions</b>	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited.

## EVENT REGISTRATION

<b>Register with</b>	Martin	Email	<a href="#">Committee page</a>
<b>Limits on Numbers</b>	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
<b>Register by</b>	6 <sup>th</sup> Oct	<b>Club Event ID</b>	251006S