



THE UNIVERSITY OF QUEENSLAND CANOE CLUB

G1: CANUNGRA CREEK WHITE WATER

A day paddle on grade 1 -2 white water on Canungra creek. This is a great paddle to build on skills learnt on intro to white water trip.



Discipline	Whitewater	Paddle Grade	[1/2]
Date(s)	Sunday 31/08/25	Event ID	250831W
Distance	7km	Duration	3.5 hours paddling max
Leader	Callum Finglas	2IC	Antoine Morancais
Sunrise	6:02am	Sunset	5:34pm

Trip Outline

- 7:30 AM Meet club shed to pack trailer / load cars
- 8.00 AM depart club shed
- 9:10 AM Meet Canungra, coffee / toilet stop
- 9:30 AM Arrive put in point, prepare kayaks, car shuttle
- 10:00am On water
- Snack stop on water, we will stop for a short break on a river bank
- 1:00pm Arrive Takeout, pack up gear, car shuttle
- 2:00pm Depart Takeout
- 3:15pm Arrive Shed
- 3:45pm Depart Shed

Put in Point.

Bridge on Lamington National Park road.



Take out Point
Bridge Double Crossing Rd



Put in Point	918 Lamington National Park Rd, Bridge	Take-out Point	Double crossing Rd, Bridge
Alternate Route Variations	<ul style="list-style-type: none"> If water levels are too high or low the trip may be moved to Upper Brisbane River or cancelled. 		
River Hights	Minimum level 0.280, Maximum level 0.490		
Facilities	There are no facilities available during the paddle. Toilets and food is available in Canungra, we will stop at the start of the trip.		

SAFETY

White water kayaking can be hazardous. If conditions are unfavourable we will not go. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Whitewater Risk Assessment (reviewed 17/11/24) Detailed Assessments available

<input checked="" type="checkbox"/> Guide ability <input checked="" type="checkbox"/> Medical Condition <input checked="" type="checkbox"/> Participant ability <input checked="" type="checkbox"/> Interaction with public <input checked="" type="checkbox"/> Severe weather <input checked="" type="checkbox"/> Sun exposure <input checked="" type="checkbox"/> Cold exposure <input checked="" type="checkbox"/> Wild Life, Bites & Stings <input checked="" type="checkbox"/> Vehicle accident	<input checked="" type="checkbox"/> Drinking water availability <input checked="" type="checkbox"/> Water flow <input checked="" type="checkbox"/> Unloading/loading boats <input checked="" type="checkbox"/> Slippery surfaces & river banks <input checked="" type="checkbox"/> Obstacles in the river <input checked="" type="checkbox"/> Foot entrapment <input checked="" type="checkbox"/> Equipment failure <input checked="" type="checkbox"/> Ropes used across river (rescues) <input checked="" type="checkbox"/> Covid
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Club Travel Risk Assessment (reviewed 17/11/24) Detailed Assessments available

<input checked="" type="checkbox"/> Drowsiness while Driving <input checked="" type="checkbox"/> Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident <input checked="" type="checkbox"/> Injury from Loading / Unloading Equipment from Vehicle <input checked="" type="checkbox"/> Unleaded Petrol	<input checked="" type="checkbox"/> Incident/Accident while Driving <input checked="" type="checkbox"/> Becoming Lost <input checked="" type="checkbox"/> Breakdown or Breakdown in Remote Areas <input checked="" type="checkbox"/> Towing Trailer <input checked="" type="checkbox"/> Covid
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General Risk Management

Paddler Requirements

Conditions can be calm, but can change dramatically with winds and rain. Paddle is conducted on white water, with obstacles and narrow sections.

Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.

Participants must self-assess their, and their equipment's ability to cope with this grade of Whitewater event. The [club Whitewater grading scale](#) is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand.

Participants need the skills for the grade of the trip, unless modified below "Additional Comments".

Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.

Emergency Contact Information	<ul style="list-style-type: none"> • Emergencies only – 000
Nearest Medical Help and Contacts	<p>Hospital Beaudesert Hospital and emergency 64 Tina St, Beaudesert QLD 4285 Phone 0755419111</p>
Safety and Personal Equipment	
Personal Equipment (Full list)	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Paddle clothing (You will get wet) - suitable for temperature and conditions <input checked="" type="checkbox"/> Dry clothing for after (to keep warm) <input checked="" type="checkbox"/> Equipment Requirements for Grade <input checked="" type="checkbox"/> Food adequate for trip duration <input checked="" type="checkbox"/> Footwear suitable for paddling, swimming, walking on rocks / banks. Extra for on land. <i>No thongs/flip flops or bare feet!!</i> (sharp rocks/ branches ruin trips!) <input checked="" type="checkbox"/> Paddle clothes to protect from cold/ wind / rain (e.g. thermal/ spray-jacket or cag) <input checked="" type="checkbox"/> Water and snacks accessible while paddling <input checked="" type="checkbox"/> Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) <input checked="" type="checkbox"/> Water for trip – 3L <input checked="" type="checkbox"/> Emergency warm clothes (eg thermal)

Kayak Equipment (Required whitewater kayaking equipment for grade)	<input checked="" type="checkbox"/> Dry Bag <input checked="" type="checkbox"/> Life Jacket (type II) <input checked="" type="checkbox"/> Buoyancy bags <input checked="" type="checkbox"/> Whitewater helmet <input checked="" type="checkbox"/> Sponge / Bailer <input checked="" type="checkbox"/> Spray Deck - if you have not used one <u>tell the leader</u> before / when you register! Prior training / demonstration required. <input checked="" type="checkbox"/> Suitable Craft (maintained Whitewater boat) <input checked="" type="checkbox"/> Whitewater paddle <input checked="" type="checkbox"/> Whistle (Fox 40)		
Communications	<input checked="" type="checkbox"/> Mobile Phone <input checked="" type="checkbox"/> PLB /Spot	<input checked="" type="checkbox"/> Whistle	
Safety Equipment	<input checked="" type="checkbox"/> First Aid Kit <input checked="" type="checkbox"/> Pin Kit <input checked="" type="checkbox"/> Tow rope	<input checked="" type="checkbox"/> Group Shelter <input checked="" type="checkbox"/> Repair gear (Duct tape, etc)	<input checked="" type="checkbox"/> Throw ropes <input checked="" type="checkbox"/> Spare Paddle (4 piece)
Additional or Emphasised Equipment	Please make sure you bring water (3-4 litres), lunch, snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle		
Check Paddlers' Equipment (prior to launch)	<input checked="" type="checkbox"/> Suitable Craft <input checked="" type="checkbox"/> Buoyancy bags <input checked="" type="checkbox"/> Spray Deck	<input checked="" type="checkbox"/> Life Jacket <input checked="" type="checkbox"/> Helmet <input checked="" type="checkbox"/> Footwear	<input checked="" type="checkbox"/> Sunsmart Gear <input checked="" type="checkbox"/> Water <input checked="" type="checkbox"/> Medication

LOGISTICS

Costs	<ul style="list-style-type: none"> • \$10 wear and tear contribution for club gear use • \$ for petrol for your driver / trailer tow • A few extra dollars for a coffee etc afterwards (if time). <p>If you can't use payID, please bring cash as we like to complete reimbursing everything at the end of the trip. If cash, please bring a range of notes as needed for the club, your driver, and/or organiser for costs they may have incurred on your behalf, etc.</p>
Additional Comments/ Instructions	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited to 6 participants.

EVENT REGISTRATION

Register with	Callum	Email	Callum
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited to 6 participants. Trip Leader will decide.		
Register by	25/08/25	Club Event ID	250831W