

THE UNIVERSITY OF QUEENSLAND CANOE CLUB

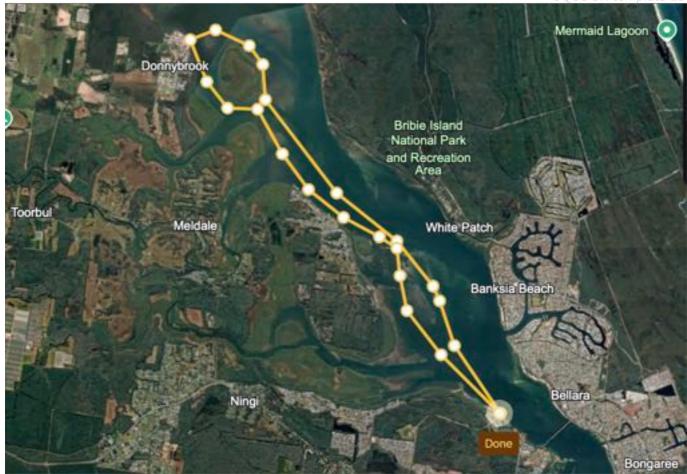
G1: BURGER PADDLE

A day sea kayak paddle along the Pumistone passage, looking for the best burgers and milkshakes at donnybrook for lunch.

Open to experienced sea kayakers.



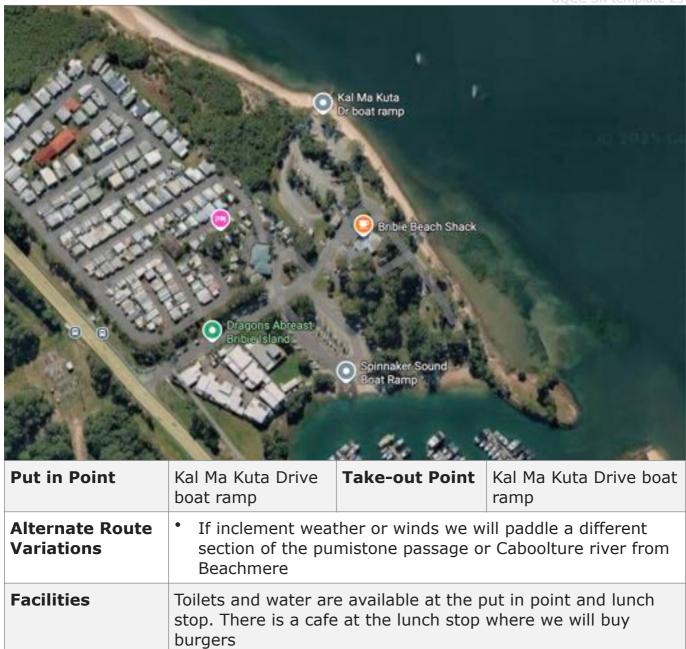
Discipline	Sea Kayaking	Paddle <u>Grade</u>	1
Date(s)	Sunday 24/08/25	Event ID	250824S
Distance	22km (tide assisted)	Duration	4 - 5 hours
Leader	Callum Finglas	2IC	



Tides Low Bongaree	4:29pm, 0.2m	Tides High Bongaree	10:44am, 1.6m
Sunrise	6:08am	Sunset	5:30pm

Trip Outline

- 7:00 AM Meet club shed to pack trailer / load cars
- 7.30 AM depart club shed
- 8:40 AM Meet Put in Kal Ma Kuta Drive boat ramp
- 9:10 AM depart
- 11:30 Lunch at Donnybrook
- 12:30pm Depart Lunch
- 2:45pm Arrive Takeout
- 3:15pm Depart Takeout
- 4:30pm Arrive Shed
- 5:15pm Depart Shed



SAFETY

Sea kayaking on Moreton Bay can be hazardous. If conditions are unfavourable we will not go. We will register with the coast guard prior to departure and be in telephone contact. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Sea Kayak Risk Assessment (reviewed 4/4/25) Detailed Assessments available

- Drowning
- Sunburn
- Medical Conditions
- Cuts Strains and Sprains
- Dehydration
- Ineffective Rudder
- Entire Group Capsizing
- Hypothermia
- Heat Exhaustion / Hyperthermia
- Tripping While Walking
- Group Getting Lost
- □ Getting Separated from Group
- Animals and Plants (minor injury)
- Animals and Plants (major injury)
- 🕜 Bad Weather / Weather Change
- Sea Sickness
- Capsize
- Rough Seas

- 🕜 Fitness / Fatigue
- Equipment Failure
- Enter / Exit Boat
- Carrying Boats
- 🕜 Algae / Contamination
- Boat Traffic / Shipping
- Separation from Boat
- Missing / Broken Paddle
- Paddle Related Injuries / Tendonitis / Blisters
- Mit by Paddle
- Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures
- 🧭 Panic / Fear
- Rocks and Submerged Objects
- 🕜 Darkness / Stranded at Night
- Cooking

Club Travel Risk Assessment (reviewed 17/11/24) Detailed Assessments available

- Drowsiness while Driving
- Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident
- Injury from Loading / Unloading Equipment from Vehicle
- Unleaded Petrol

- Incident/Accident while Driving
- Becoming Lost
- 🕜 Breakdown
- Towing Trailer

General Risk Management

Paddler Requirements

Conditions can be calm, but can change dramatically with winds and tides contributing significantly to this.

Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.

Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The <u>club grading scale</u> is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments".

Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.

Emergency Contact Information

VMR Bribie Island

Phone: 3408 7596|Address: 4 Marine Parade, Bellara, Qld 4507

- Marine Radio Moreton Bay (VZ4RQ)
 Ph: 3396 8666 VHF: Emergency 16 & 67, Calling 73,
 Repeaters Bay (Nth) 81, (Sth) and outside the islands 82
- Emergencies only 000

Nearest Medical Help and Contacts

Hospital

Caboolture Hospital and emergency centre

Address: 87/129 McKean St, Caboolture QLD 4510

Phone: (07) 5433 8888

Safety and Personal Equipment

UOCC SK template 250404a

			UQCC SK template 250
Personal Equipment (Full list)	Clothing you can get wet (on the water) Dry clothing (to keep warm) Equipment Requirements for Grade Food adequate for trip duration Footwear suitable for paddling, swimming. Extra for on land. No thongs/flip flops or bare feet (oysters and spiky/venomous animals can get you!) Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) Water and snacks accessible while paddling Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) Water – 3L per day		
Kayak Equipment (Required sea kayaking equipment for grade)	 Dry Bag Life Jacket (type II) and Paddle Paddle Tie Pump, Sponge, and Bailer Paddle Float Spray Deck - if you have not used one tell the leader before or when you register! Pre-trip training may be needed. Suitable Craft [(sea kayak)] Whistle 		
Communications	✓ Flares✓ Mobile Phone✓ PLB/EPIRB	Signal Mirror	✓VHF Radio✓ Whistle
Safety Equipment	First Aid Kit Hand Pump	Paddle Floats Repair Kit	✓ □ Rescue Stirrup✓ Spare Paddle
Additional or Emphasised Equipment	Please make sure you bring water (2-4 litres), snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle Lunch / burgers can be purchased at Donnybrook.		
Check Paddlers' Equipment (prior to launch)	☑ Bailer/Pump☑ Footwear☑ Medication	✓ Life Jacket✓ Paddle Leash✓ Spray Deck	Suitable Craft Sunsmart Gear Water
<u> </u>	1		

LOGISTICS

Costs	• \$10 wear and tear contribution for club gear use		
	• \$ for petrol for your driver / trailer tower		
	A few extra dollars for burgers / lunch at donnybrook		
	If you can't use payID, please bring cash as we like to complete reimbursing everything at the end of the trip. If cash, please bring a range of notes as needed for the club, your driver, and/or organiser for costs they may have incurred on your behalf, etc.		
Additional Comments/ Instructions	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited.		

EVENT REGISTRATION

Register with	Callum	Email	Callum
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
Register by	18/08/25	Club Event ID	250824S