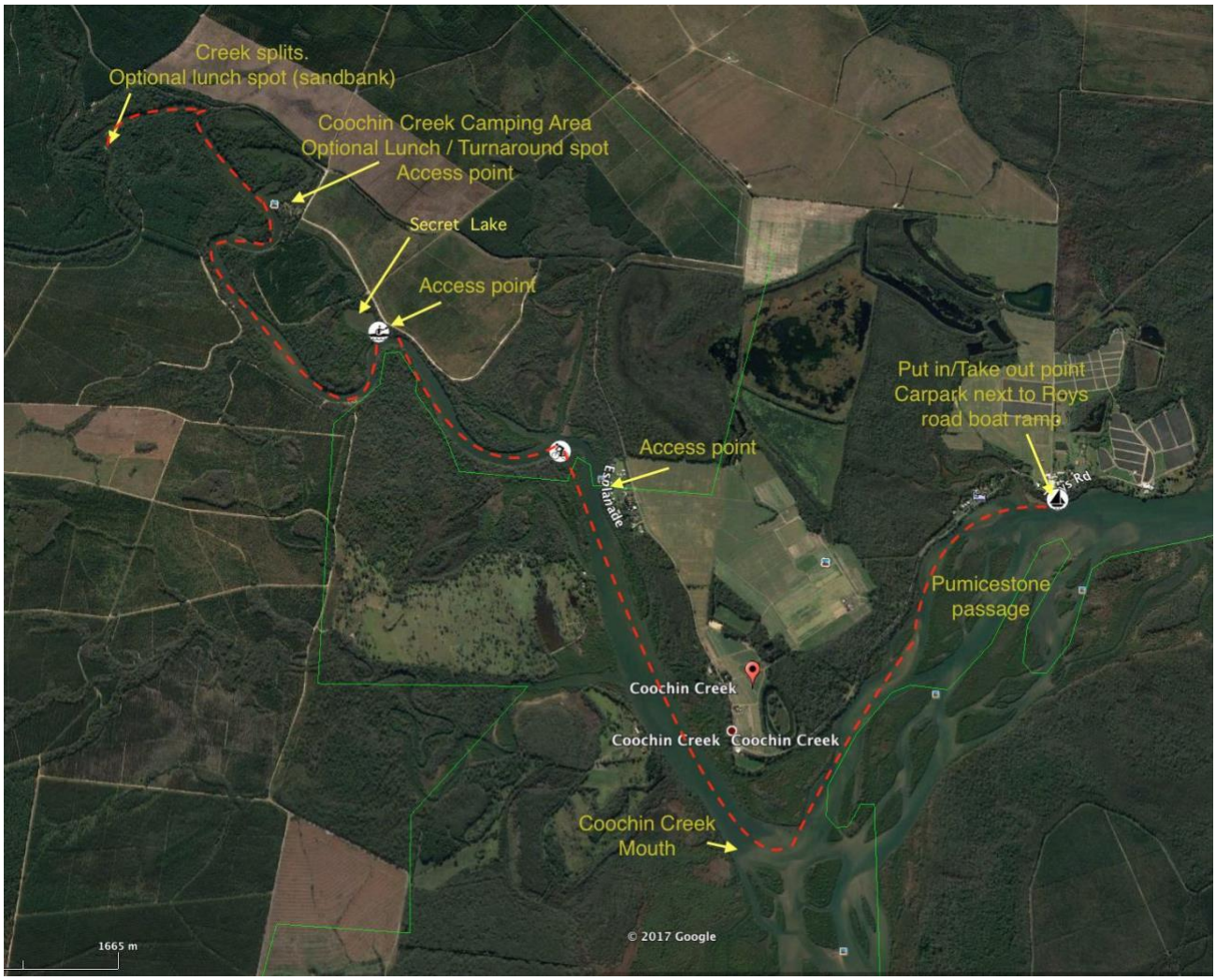
	THE UNIVERSITY OF QUEENSLAND CANOE CLUB
	G1: COOCHIN CREEK
	A scenic paddle in the wilds up and down Coochin Creek off the central Pumicestone Passage.

We will put in a Roy's road Boat Ramp and paddle south to the mouth of Coochin Creek. We'll then paddle with the tide up the creek past the campsite and stopping for lunch where the creek splits.

Discipline	Sea kayaking	**Paddle Grade**	1
Date(s)	Sun 28th Apr 2024	**Event ID**	240428S
Distance	19 km (half tide assisted)	**Duration**	7.5 hrs / 5hr paddling
Leader	Martin Wynne	**2IC**	TBC

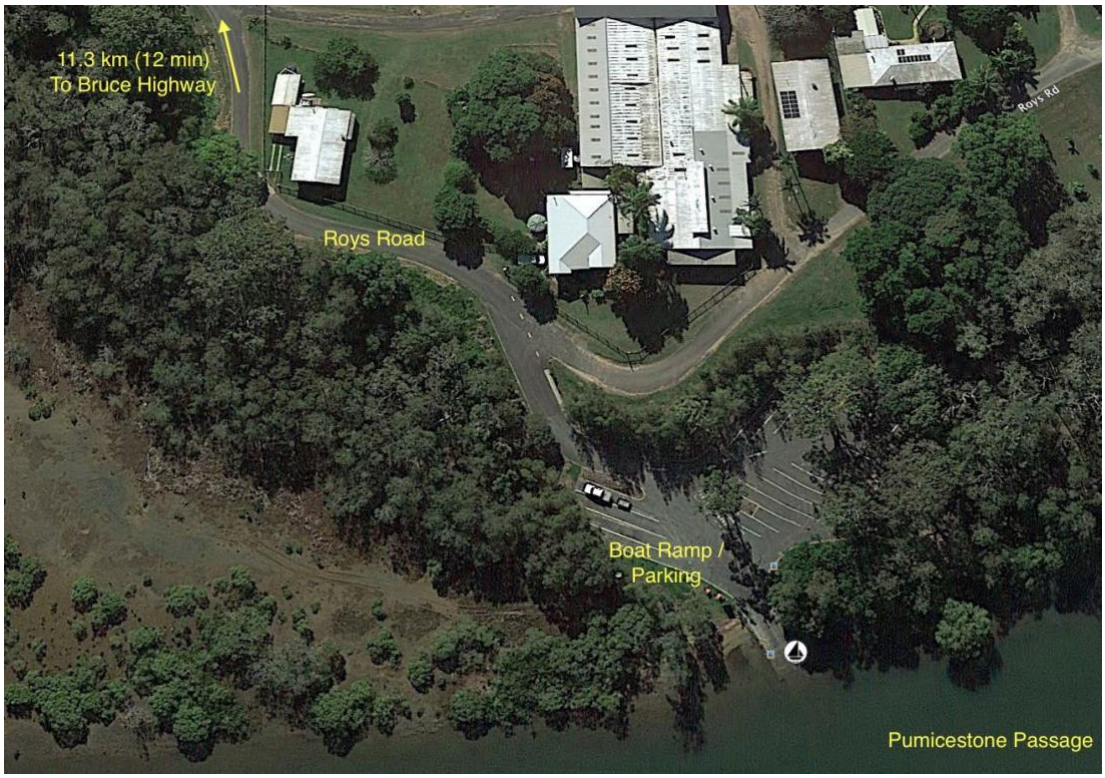


Route Map

Tides	Brisbane Bar L: 6:30 (0.79m) H: 11:55 (1.74m) L: 5:52 (0.62m) Coochin Ck Mouth L: 9:01 (0.67m) H: 13:59 (1.38m) L: 20:06 (0.53m)	**Moon**	Full: previous Wed Half moon: following Wed
Sunrise/set	Sunset:	5:19 – 5:43PM	

Trip Outline

- 7:15 AM Meet club shed to pack boats
- 8:00 AM Depart club shed
- 9:30 AM Arrive put in
- 10:00 Depart Roy's Rd boat ramp
- 10:30 Enter Coochin creek (2.5km)
- 11:00 Explore the secret lake
- 12:15 Camp site day use area stop (8.2km) for ~15 min
- 13:00 Lunch on sand bank (9.5km)
- 14:00 Depart Lunch
- 14:30 Pass Campsite (10.8km)
- 16:00 Exit creek mouth (16.5km)
- 16:30 Exit at Roy's Rd Ramp (19.5km)
- 17:00 Depart for Brisbane
- 18:30 Arrive club shed
- 19:00 Depart club shed



Put in Point

Put in Point	Roy's Road Boat Ramp	**Take-out Point**	Roy's Road Boat Ramp Pumicestone Passage
Alternate Route Variations	• Potential take out points marked on the map, including campsite • Stop at the campsite for lunch instead of proceeding to the split in the creek		
Information Links	Coochin Creek Day Use area information		
Facilities	Toilets at Campsite day use area		

SAFETY

Sea kayaking can be hazardous. If conditions are unfavourable we will not go, although the creek should be quite sheltered from wind. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Sea Kayak Risk Assessment (Detailed Risk Assessments on request)

☒ Drowning	☒ Fitness / Fatigue
☒ Sunburn	☒ Equipment Failure
☒ Medical Conditions	☒ Enter / Exit Boat
☒ Cuts Strains and Sprains	☒ Carrying Boats
☒ Dehydration	☐ Algae / Contamination
☒ Ineffective Rudder	☒ Boat Traffic / Shipping
☐ Entire Group Capsizing	☒ Separation from Boat
☒ Hypothermia	☒ Missing / Broken Paddle
☒ Heat Exhaustion / Hyperthermia	☒ Paddle Related Injuries / Tendonitis / Blisters
☒ Tripping While Walking	☐ Hit by Paddle
☐ Group Getting Lost	☒ Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures
☒ Getting Separated from Group	☒ Panic / Fear
☒ Animals and Plants (minor injury)	☒ Rocks and Submerged Objects
☒ Animals and Plants (major injury)	☐ Darkness / Stranded at Night
☒ Bad Weather / Weather Change	☐ Paddling in the Dark / Night Paddling
☒ Sea Sickness	☒ Cooking
☒ Capsize	☐ Camping
☐ Rough Seas	☒ Covid
☐ Surf	
☒ Sinking Boat	

Club Travel Risk Assessment (Detailed Risk Assessments on request)

☒ Drowsiness while Driving	☒ Incident/Accident while Driving
☒ Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident	☒ Becoming Lost
☒ Injury from Loading / Unloading Equipment from Vehicle	☒ Breakdown or Breakdown in Remote Areas
☒ Unleaded Petrol	☒ Towing Trailer
	☒ Covid

General Risk Management	
Paddler Requirements	Conditions can be calm, but can change dramatically with winds and tides contributing significantly to this. Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand. Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The club grading scale is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments". Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.
Emergency Contact Information	• Emergencies only – 000
Nearest Medical Help and Contacts	Hospital(s) • Sunshine Coast University Hospital (24hr) 6 Doherty St, Birtinya QLD 4575 Ph: 5202 0000 Medical Centre(s) • Beerwah Family Clinic Shop 1 & 3 Shopping Village, 44 Simpson St, Beerwah QLD 4519 Ph: 07 5494 0066
Safety and Personal Equipment	
Personal Equipment (Full list)	☒ Clothing you can get wet (on the water) ☒ Dry clothing (to keep warm) ☒ Equipment Requirements for Grade ☒ Food adequate for trip duration ☒ Footwear suitable for paddling, swimming. Extra for on land. ***No thongs/flip flops or bare feet*** (oysters and spiky/venomous animals can get you!) ☒ Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) ☒Water and snacks accessible while paddling

	☒ Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) ☒ Water – 3L per day (4L if camping)		
Kayak Equipment ([Required sea kayaking equipment for grade])	☒ Dry Bag ☒ Life Jacket (type II) and Paddle ☒ Paddle Tie ☒ Pump, Sponge, and Bailer ☒ Paddle Float ☒ Spray Deck - if you have not used one **tell the leader** before or when you register! Pre-trip training may be needed. ☒ Suitable Craft [(sea kayak)] ☒ Whistle		
Communications	☒ Flares ☒ Mobile Phone ☐ PLB/EPIRB	☒ Signal Mirror ☒ V-Sheet	☒ VHF Radio ☒ Whistle
Safety Equipment	☒ First Aid Kit ☒ Hand Pump	☒ Paddle Floats ☒ Repair Kit	☐ Rescue Stirrup ☒ Spare Paddle
Additional or Emphasised Equipment	Please make sure you bring water (3-4 litres), lunch, snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle		
Check Paddlers' Equipment (prior to launch)	☒ Bailer/Pump ☒ Footwear ☒ Medication	☒ Life Jacket ☒Paddle Leash ☒ Spray Deck	☒ Suitable Craft ☒ Sunsmart Gear ☒ Water

LOGISTICS

Boat Loading Details	Sun 28th Apr 2024 at the club shed at 7:15 AM
Costs	• $10 wear and tear contribution for club gear use (per day) • $ for petrol for your driver / trailer tower • A few extra dollars for a coffee etc afterwards (if time). We will use **PayID** to for payments at the end of the trip.
Additional Comments/ Instructions/ Emphasised!	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. 1. *Food and water available while paddling.* 2. *Bring Lunch!* 3. *Footwear and Sun-smart paddle gear!* 4. *Mosquito repellent (sometimes there are bugs!)*

EVENT REGISTRATION

Register with	Martin	Email	Committee Contacts
Limits on Numbers	Register soon. Numbers are limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and max number will be limited. Trip Leader will decide.		
Register by	End of Fri 26th Apr	**Club Event ID**	240428S