



THE UNIVERSITY OF QUEENSLAND CANOE CLUB

G1 : BROUGHTON ISLAND EXPEDITION

7 day trip to Norther NSW, spending 3 days with Sea kayaking instructors paddling to Broughton Island. This trip is all about experiencing different coastlines, expect rocky cliffs, sea caves, tide races. Broughton Island is a national park surrounded by rocky cliffs and sandy beaches.

One of our guides made a video of a sea kayaking trip to the island. <https://www.youtube.com/watch?v=sPX4p5SYHKM>



Discipline	Sea kayaking	Paddle Grade	2
Date(s)	Saturday 1st April Friday 7th April	Event ID	230401S
Distance	Paddling distances. Max 20km per day	Duration	Between 2 to 6 hours paddling per day
Leader	Callum Finglas	2IC	Martin Wynne
Profesional guides	Mark Sundin	Rob Mercer	

Tides Port Stephens - Heads	<ul style="list-style-type: none"> • SAT 1 Apr • 6:04 am 1.54m • 12:55 pm 0.54m • 7:09 pm 1.29m • SUN 2 Apr • 12:38 am 0.72m • 5:54 am 1.57m • 12:33 pm 0.47m • 6:45 pm 1.35m • MON 3 Apr • 12:22 am 0.63m • 6:36 am 1.59m • 1:07 pm 0.41m • 7:17 pm 1.4m • TUE 4 Apr • 1:01 am 0.54m • 7:14 am 1.61m • 1:37 pm 0.37m • 7:49 pm 1.47m • WED 5 Apr • 1:39 am 0.48m • 7:49 am 1.61m • 2:06 pm 0.35m • 8:20 pm 1.54m 	Moon	SAT 1 Apr Waxing Gibbous 80% Visible <ul style="list-style-type: none"> • Set 2:01 am • Rise 4:29 pm
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Sunrise rise	SAT 1 Apr <ul style="list-style-type: none">• First Light 6:38 am• Sunrise 7:02 am	Sunset	<ul style="list-style-type: none">• Sunset 6:47 pm• Last Light 7:11 pm
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Trip Outline

All paddles are weather dependent. Final paddle route will be decided closer to the trip by guides Mark Sundin and Rob Mercer

Training program will be focused on developing skills for open water crossings and exploring rocky coastlines and sea caves. Paddles will be in open ocean with sea swell.

Thursday 30th March

- Meet at club shed 7pm
- Pack trailer and trip briefing

Saturday 1st April

- Meet at club shed 5:45am. Final pack of equipment into 2 cars
- Depart shed 6:10am
- Drive to Crowdy Gap campground. Stops for breaks along the way decided on the day by trip leader. Expected arrival 4pm. Minimum 6 hour drive
- Dinner self catered at campground

Sunday 2nd April

- Possible paddles depending on weather in the morning. Crowdy head return. Crowdy head to Manning River 11km, includes car shuttle. Mamboo Island circle navigation 12km.
- Drive to Jimmys Campsite. Lunch along road. 2 hour drive
- Setup camp. Possibility of short afternoon paddle from campsite around port Stephens or bushwalking walk up Yacaaba Headland track.
- Dinner at local restaurant

Monday 3rd April

- Join guides Mark Sundin and Rob Mercer.
- Paddle to Broughton Island. Setup camp on Island. Possible afternoon walk over Island to watch Penguins at Sunset.

Tuesday 4th April

- Paddle around Broughton Island. Exploring rocky coastlines. Guidance and training from Rob and Mark.

Wednesday 5th April

- Paddle back to port Stephens. Camp again at Jimmys. Dinner at local restaurant.

Thursday

- Drive to Trial bay gallows campsite. 3 hour drive
- Afternoon paddle around headland and or coastline.
- Option to explore trial bay gallows historical sites
- Dinner at local restaurant

Friday

- Drive back to shed. 5.5 hour drive minimum
- Stops decided by trip leader on the day
- Cleanup and pack away equipment Finish by 6pm

Put in Point	Jimmys Campsite Port Stephens	Take-out Point	Jimmys Campsite Port Stephens
Camping Information	Crowdys Gap Campground NSW National Parks Jimmys reflections campground Broughton Island Campground NSW National Parks Trial Bay Gallows Campground NSW National Parks		

Information Links	https://www.nationalparks.nsw.gov.au/camping-and-accommodation/campgrounds/crowdy-gap-campground?dateFrom=1%20Apr%202023&dateTo=2%20Apr%202023&adults=4&children=0&infants=0 https://reflectionsolidayparks.com.au/book-a-park/parks/jimmys-beach/ https://www.nationalparks.nsw.gov.au/camping-and-accommodation/campgrounds/broughton-island-campground/visitor-info#Maps-and-downloads https://www.nationalparks.nsw.gov.au/camping-and-accommodation/campgrounds/trial-bay-gaol-campground
Facilities	<p>Varied. Mainland campsites toilets, showers and water available.</p> <p>Broughton Island, drop toilets. No showers no water available</p>

SAFETY

Sea kayaking on Moreton Bay can be hazardous. If conditions are unfavourable we will not go. We will register with the coast guard prior to departure and be in telephone contact. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Sea Kayak Risk Assessment (Detailed Risk Assessments on request)

Paddler Requirements	<p>Conditions can be calm, but can change dramatically with winds and tides contributing significantly to this.</p> <p>Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.</p> <p>Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The club grading scale is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments".</p> <p>Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.</p>
Emergency Contact Information	<ul style="list-style-type: none"> • Port Stephens marine rescue • 5A Lighthouse Trail, Nelson Bay NSW 2315 • 0249813585 • VHF channel 16 or channel 88 on 27MHz
Nearest Medical Help and Contacts	<p>Maitland Hospital 51 Metford Rd, Metford NSW 2323</p>
Safety and Personal Equipment	
Personal Equipment (Full list)	<p>Clothing you can get wet (on the water) Dry clothing (to keep warm) Equipment Requirements for Grade 2 Food adequate for trip duration Footwear suitable for paddling, swimming. Extra for on land. No thongs/flip flops or bare feet (oysters and spiky/venomous animals can get you!) Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) Water and snacks accessible while paddling Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) Water – 3L per day (4L if camping) Camping equipment</p>

Kayak Equipment (Required sea kayaking equipment for grade)	Dry Bag Life Jacket (type II) and Paddle Paddle Tie Pump, Sponge, and Bailer Paddle Float Spray Deck - if you have not used one tell the leader before or when you register! Pre-trip training may be needed. sea kayak Whistle, Helmet		
Communications	Flares Mobile Phone PLB/EPIRB	Signal Mirror V-Sheet	VHF Radio Whistle
Safety Equipment	First Aid Kit Hand Pump	Paddle Floats Repair Kit	Rescue Stirrup Spare Paddle
Additional or Emphasised Equipment	Please make sure you bring water (2-4 litres), lunch, snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle. Camping equipment. Helmet for kayaking		
Check Paddlers' Equipment (prior to launch)	Bailer/Pump Footwear Medication Helmet	Life Jacket Paddle Leash Spray Deck	Suitable Craft Sunsmart Gear Water

LOGISTICS

Costs	<ul style="list-style-type: none"> \$700 per person. Costs covered, paddling guides fees, camping fees, fuel for cars, UQCC equipment wear and tear fees. Costs not covered food. 50% deposit is required to secure your spot on the trip remainder must be payed before the start of the trip.
Additional Comments/ Instructions	<p>Numbers are limited to 8 participants.</p> <p>Participants must have been on club camping trips and or demonstrate appropriate skill level for trip.</p>

EVENT REGISTRATION

Register with	Callum Finglas	president@ugc canoe club.net	
Limits on Numbers	Register soon. Numbers will be limited to 8 participants, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
Register by	18/03/23	Club Event ID	230401S