



THE UNIVERSITY OF QUEENSLAND CANOE CLUB

G1 NOOSA LONG WEEKEND

October long weekend paddling and camping at the Noosa everglades and Noosa headland.

A long weekend camping and paddling the Noosa everglades and lower Noosa river. We will car camp at Harrys Hut Friday, Saturday and Sunday nights. Paddling up and down the Noosa river. On Sunday there is also the chance to do a walk to Cooloola Sandpatch. Monday will see us paddling the lower Noosa river or around the Noosa headland, weather dependent. This is a great trip to explore a unique part of Australia and try out camping. The club is providing dinner and breakfast.



Discipline	Sea kayaking / Flatwater	Paddle Grade	1
Date(s)	Friday 30th Sep Monday 3rd Oct	Event ID	220930S
Distance	18km max per day	Duration	4 -5 paddling hrs per day
Leader	Callum Finglas	2IC	TBD

Tides	N/ A upper river no tides Noosa Bar MON 3 Oct <ul style="list-style-type: none"> • H 12:58 am 1.17m • L 6:59 am 0.66m • H 2:30 pm 1.72m • L 9:36 pm 0.74m 	Moon	FRI 30 Sep Waxing Crescent 23% Visible <ul style="list-style-type: none"> • Rise 8:06 am • Set 10:09 pm
Sunrise/set	FRI 30 Sep <ul style="list-style-type: none"> • First Light 5:04 am • Sunrise 5:27 am • Sunset 5:47 pm • Last Light 6:10 pm 		

Trip Outline

All dinners and breakfast provided. Dinner on Friday night will be at a cafe / pub. Participants to provide own lunches and extra snacks. Please notify trip leaders of any dietary requirements.

Friday 30th Sep

- 8:30 Group 1 Departs shed with trailer and kayaks. Drives to Harrys Hut Campsite. Sets up camp
- 4:30pm Group 2 leaves shed carpooling. Drive to Harrys Hut campsite. Stop for dinner along the way.

Saturday 1st Oct

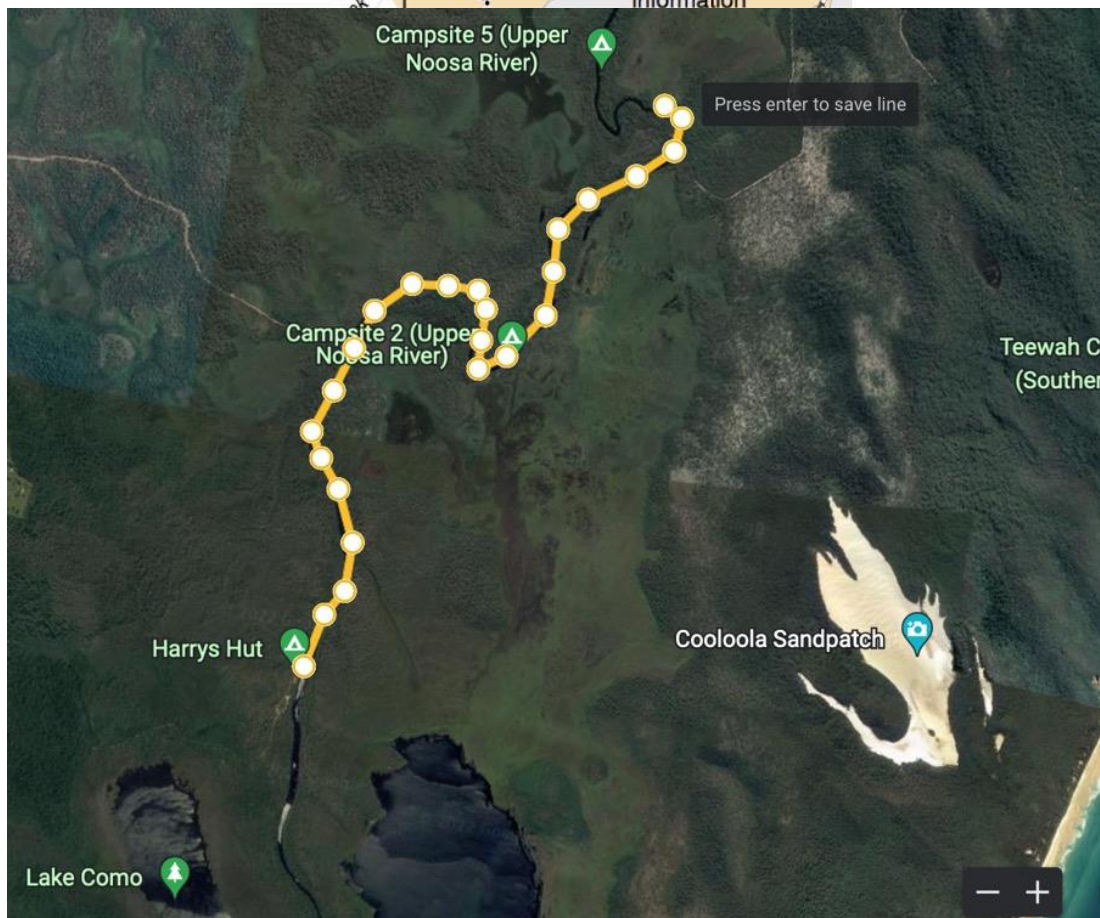
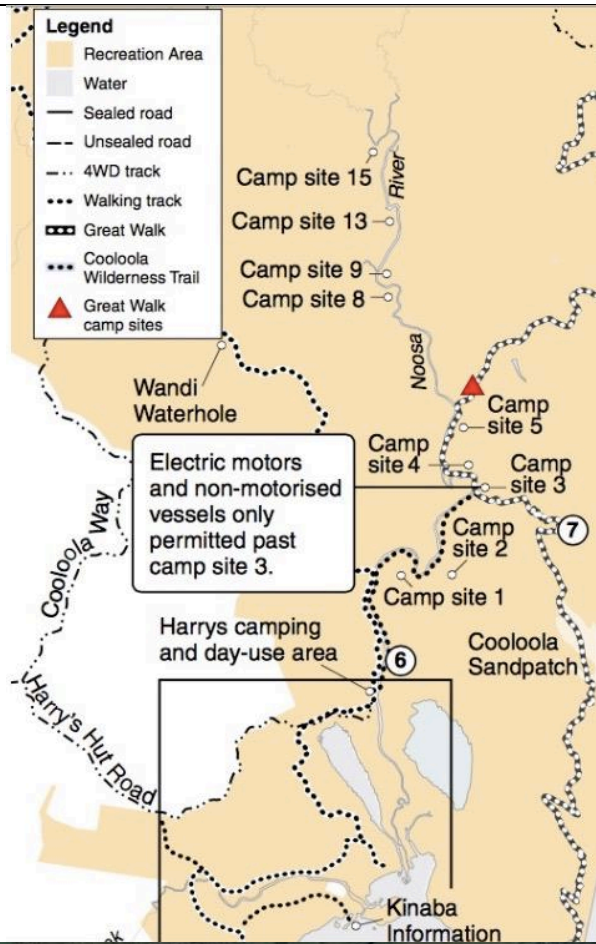
- 8am Cooked breakfast
- 9am on water at Harrys Hut
- Paddle down river, exploring Lake Como, Kin Kin Creek
- 12pm Lunch at Kinaba Information Centre
- 1pm Return to Harrys Hut
- Afternoon relaxing at campsite
- 8pm Night river paddle upstream of Harrys Hut and campsite 2

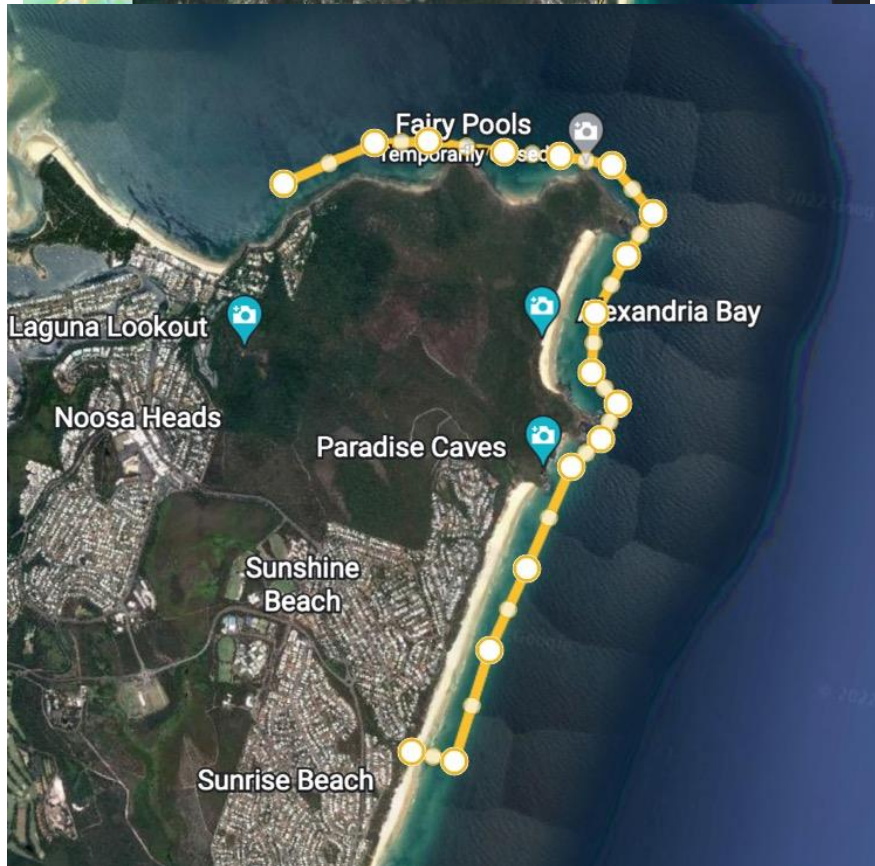
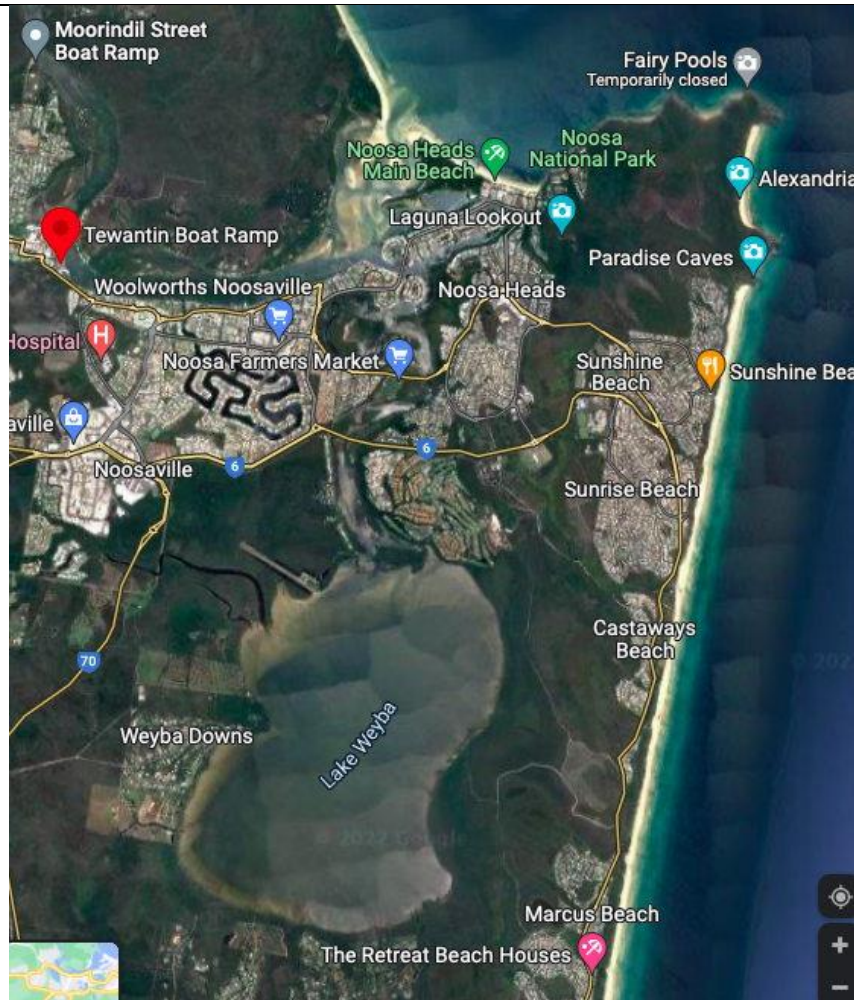
Sunday 2nd Oct

- 8am Cooked breakfast
- 9am on water at Harrys Hut
- Paddle up river, turn around in time to reach campsite 3 for lunch.
- Walk to Cooloola Sandpatch 12km return
- Paddle back to Harrys Hut

Monday 3rd Oct

- 7am Cooked breakfast
- 8:30am Packed up Depart Harrys drive to Noosa Heads
- 10am Put in lower Noosa river / Noosa Heads
- Possible put in locations, decision made on Morning weather dependent
- Tewantin Boat ramp,
- Lake Weyba Boat ramp, lake Weyba Drive Noosaville
- Sunshine Beach Surf Life Saving Club
- Lunch around Noosa Fish and chips / local cafe
- 3pm Depart Noosa
- 5:30pm Arrive shed, clean and pack away kayaks
- 6:15pm Depart Shed





Put in Point	Harrys Hut Noosa River	Take-out Point	Harrys Hut Noosa River
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Alternate Route Variations	<ul style="list-style-type: none"> • Monday weather dependent • Option 1 Put in Lake Weyba boat ramp explore Weyba creek and lower Noosa river • Option 2 Put in Tewantin Boat ramp, paddle downstream lower Noosa River • Option 3 Put in Sunshine beach SLSC paddle around Noosa headland (Only if grade 1 conditions)
Camping Information	Harrys Hut Noosa group campsite.
Information Links	<ul style="list-style-type: none"> • https://parks.des.qld.gov.au/parks/cooloola/camping/harrys-river-access • https://parks.des.qld.gov.au/parks/cooloola/journeys/cooloola-sandpatch-walk
Facilities	Toilets available. No showers or potable water. No open fires

SAFETY

Sea kayaking on Noosa river/ sunshine coast can be hazardous. If conditions are unfavourable we will not go. We will register with the coast guard prior to departure and be in telephone contact. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Sea Kayak Risk Assessment (Detailed Risk Assessments on request)

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| <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Drowning <input checked="" type="checkbox"/> Sunburn <input checked="" type="checkbox"/> Medical Conditions <input checked="" type="checkbox"/> Cuts Strains and Sprains <input checked="" type="checkbox"/> Dehydration <input checked="" type="checkbox"/> Ineffective Rudder <input type="checkbox"/> Entire Group Capsizing <input checked="" type="checkbox"/> Hypothermia <input checked="" type="checkbox"/> Heat Exhaustion / Hyperthermia <input checked="" type="checkbox"/> Tripping While Walking <input checked="" type="checkbox"/> Group Getting Lost <input checked="" type="checkbox"/> Getting Separated from Group <input checked="" type="checkbox"/> Animals and Plants (minor injury) <input checked="" type="checkbox"/> Animals and Plants (major injury) <input checked="" type="checkbox"/> Bad Weather / Weather Change <input checked="" type="checkbox"/> Sea Sickness <input checked="" type="checkbox"/> Capsize <input type="checkbox"/> Rough Seas <input type="checkbox"/> Surf <input checked="" type="checkbox"/> Sinking Boat | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Fitness / Fatigue <input checked="" type="checkbox"/> Equipment Failure <input checked="" type="checkbox"/> Enter / Exit Boat <input checked="" type="checkbox"/> Carrying Boats <input type="checkbox"/> Algae / Contamination <input checked="" type="checkbox"/> Boat Traffic / Shipping <input checked="" type="checkbox"/> Separation from Boat <input checked="" type="checkbox"/> Missing / Broken Paddle <input checked="" type="checkbox"/> Paddle Related Injuries / Tendonitis / Blisters <input type="checkbox"/> Hit by Paddle <input checked="" type="checkbox"/> Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures <input checked="" type="checkbox"/> Panic / Fear <input type="checkbox"/> Rocks and Submerged Objects <input checked="" type="checkbox"/> Darkness / Stranded at Night <input checked="" type="checkbox"/> Paddling in the Dark / Night Paddling <input checked="" type="checkbox"/> Cooking <input checked="" type="checkbox"/> Camping <input checked="" type="checkbox"/> Covid |
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Club Travel Risk Assessment (Detailed Risk Assessments on request)

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| <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Drowsiness while Driving <input checked="" type="checkbox"/> Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident <input checked="" type="checkbox"/> Injury from Loading / Unloading Equipment from Vehicle <input checked="" type="checkbox"/> Unleaded Petrol | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Incident/Accident while Driving <input checked="" type="checkbox"/> Becoming Lost <input checked="" type="checkbox"/> Breakdown or Breakdown in Remote Areas <input checked="" type="checkbox"/> Towing Trailer <input checked="" type="checkbox"/> Covid |
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General Risk Management

Paddler Requirements	<p>Conditions can be calm, but can change dramatically with winds and tides contributing significantly to this.</p> <p>Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.</p> <p>Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The club grading scale is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand.</p> <p>Participants need the skills for the grade of the trip, unless modified below "Additional Comments".</p> <p>Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.</p>
Emergency Contact Information	<ul style="list-style-type: none"> • QF5 Noosa, Munna Point, Noosaville, Queensland 4566 Phone: (07) 5474 3695 Fax: (07) 5474 1366 • Emergencies only – 000
Nearest Medical Help and Contacts	<p>Hospital(s)</p> <ul style="list-style-type: none"> • Noosa Hospital 111 Goodchap St, Noosaville QLD 4566 • Gympie Hospital 12 Henry St Gympie QLD 4570

Safety and Personal Equipment

Personal Equipment (Full list)	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Clothing you can get wet (on the water) <input checked="" type="checkbox"/> Dry clothing (to keep warm) <input checked="" type="checkbox"/> Equipment Requirements for <u>Grade 1</u> <input checked="" type="checkbox"/> Food adequate for trip duration <input checked="" type="checkbox"/> Footwear suitable for paddling, swimming. Extra for on land. <i>No thongs/flip flops or bare feet</i> (oysters and spiky/venomous animals can get you!) <input checked="" type="checkbox"/> Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) <input checked="" type="checkbox"/> Water and snacks accessible while paddling <input checked="" type="checkbox"/> Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) <input checked="" type="checkbox"/> Water – 4L per day <input checked="" type="checkbox"/> Camping equipment. Tent, sleeping mat, sleeping bag / blankets <input checked="" type="checkbox"/> Torches / headlamps
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Kayak Equipment (Required sea kayaking equipment for grade)	<input checked="" type="checkbox"/> Dry Bag <input checked="" type="checkbox"/> Life Jacket (type II) and Paddle <input checked="" type="checkbox"/> Paddle Tie <input checked="" type="checkbox"/> Pump, Sponge, and Bailer <input checked="" type="checkbox"/> Paddle Float <input checked="" type="checkbox"/> Spray Deck - if you have not used one tell the leader before or when you register! Pre-trip training may be needed. <input checked="" type="checkbox"/> Suitable Craft <input checked="" type="checkbox"/> Whistle		
Communications	<input checked="" type="checkbox"/> Flares <input checked="" type="checkbox"/> Mobile Phone <input checked="" type="checkbox"/> PLB/EPIRB	<input checked="" type="checkbox"/> Signal Mirror <input checked="" type="checkbox"/> V-Sheet	<input checked="" type="checkbox"/> VHF Radio <input checked="" type="checkbox"/> Whistle
Safety Equipment	<input checked="" type="checkbox"/> First Aid Kit <input checked="" type="checkbox"/> Hand Pump	<input checked="" type="checkbox"/> Paddle Floats <input checked="" type="checkbox"/> Repair Kit	<input type="checkbox"/> Rescue Stirrup <input checked="" type="checkbox"/> Spare Paddle
Additional or Emphasised Equipment	Please make sure you bring water (2-4 litres), lunch, snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle		
Check Paddlers' Equipment (prior to launch)	<input checked="" type="checkbox"/> Bailer/Pump <input checked="" type="checkbox"/> Footwear <input checked="" type="checkbox"/> Medication	<input checked="" type="checkbox"/> Life Jacket <input checked="" type="checkbox"/> Paddle Leash <input checked="" type="checkbox"/> Spray Deck	<input checked="" type="checkbox"/> Suitable Craft <input checked="" type="checkbox"/> Sunsmart Gear <input checked="" type="checkbox"/> Water

LOGISTICS

Pre-Trip Meeting	
Boat Loading Details	Friday 30th - 8:30am
Costs	<ul style="list-style-type: none"> • \$80 included is camping fees, wear and tear club equipment and food for trip • If carpooling please bring some cash to help pay your driver for fuel. <p>Payment can be made via cash, card or bank transfer.</p>
Additional Comments/ Instructions	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited.

EVENT REGISTRATION

Register with	Callum Finglas	Contact Info	See the Committee page
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
Register by	26th Sep 2022	Club Event ID	220930S