



## THE UNIVERSITY OF QUEENSLAND CANOE CLUB

### WIVENHOE DAM

A social training trip to try out tippier flatwater boats in a clean environment and boost your skills! This is a day trip to a Wivenhoe dam to practice and develop the skills to paddle tippier boats such as TK1s and K1s.



At this event we would take many kinds of TK and K1 flat water boats to Wivenhoe dam for the day. This is a great chance to try trippier boats and improve your paddle skills. The quickest way to improve is to push your limits. It is a good environment for doing so.

We'll some food on the way and do a small Barbecue – otherwise bring your own food.

<b>Discipline</b>	Flatwater	<b>Paddle <u>Grade</u></b>	1
<b>Date(s)</b>	Sun, 13 <sup>th</sup> August 2023	<b>Event ID</b>	230813F
<b>Distance</b>	n/a	<b>Duration</b>	2-4 hrs
<b>Leader</b>	Siti Abdul Khalid	<b>2IC</b>	Martin Wayne

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## How to get there

The destination is approximately 50 mins to 1 hour drive from Brisbane or further if you are coming from the east or southern sides of Brisbane.

- follow the Ipswich Motorway (signposted to Warwick/ Ipswich/ Toowoomba).
- turn off this motorway to the Warrego Highway (this is the road to Toowoomba NOT Ipswich or Warwick).
- after 15 km turn right to Esk (the Brisbane Valley Highway).
- proceed to Fernvale (15 Km) then on cross Wivenhoe damn wall and spillway (9km).
- after 6 km turn right into Hay Rd (sign to Logan Inlet) then after 1 km left into Logan Inlet Rd
- after 2.5 km the road forks right to the Day use area (0.5 km) on the western shores of the dam. We'll set up at or close to the picnic table on the left of the boat ramp.

We will be arriving at the day use area around 9 am and we will be setting up a position on the bank, hopefully under a shady tree. Below is a link to a brochure about the Dam which includes a map on the last page. Go to **the Logan's Inlet Day use area** – to the left of the boat ramp. This is well sign posted and there is mobile phone coverage although can be patchy depending on your carrier. There are BBQ facilities, sheltered picnic tables, toilets and showers (hot and cold).

Other information is available on the [SEQWATER's website](#).

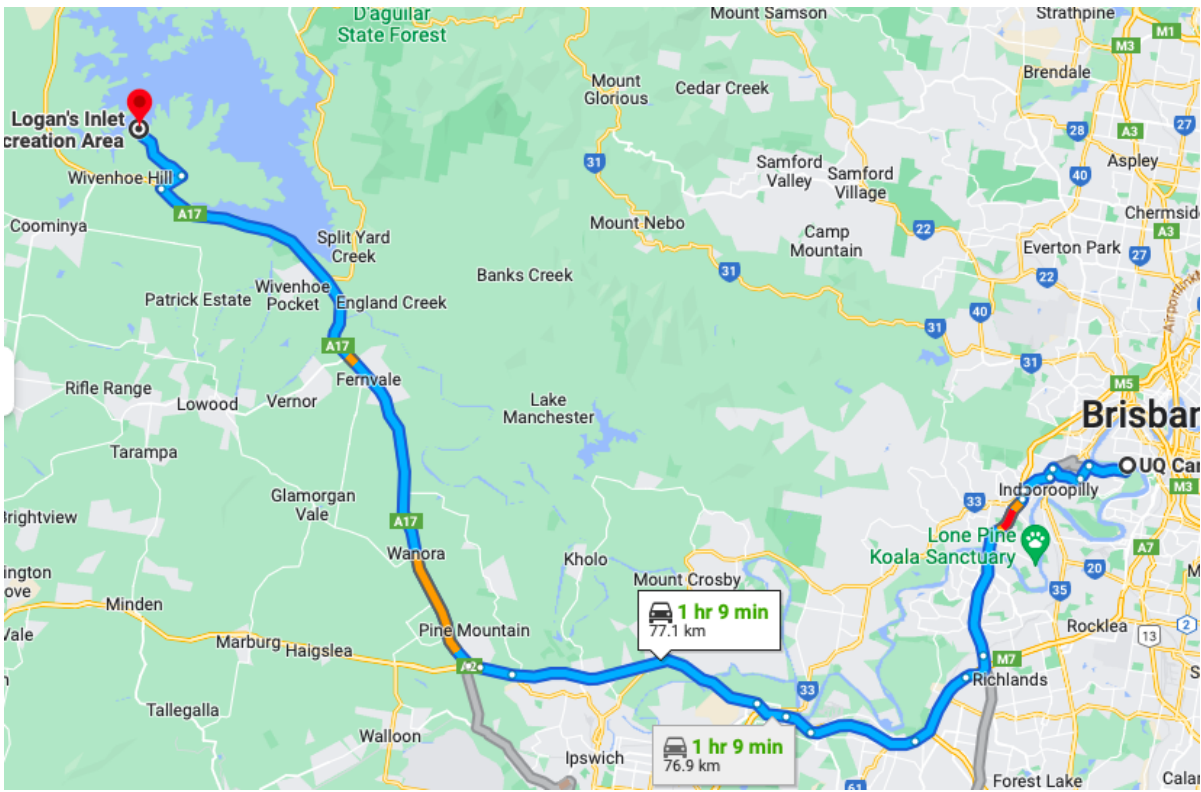
This part of the dam is protected from wind and is a beautiful setting to practice and try a range of TK1's and a K1. It is a fresh water dam and there are limited hazards in the water. It is a 'friendly environment' to fall out of kayaks!!

We intend to bring a range of TK's and K1's so that everybody can have a go and hopefully we will be able to go for a short paddle once we have acquired some skills. We will bring kayaks, PFDs, paddles and required safety gear as appropriate for the activity. You will need to bring water (although drinking water is readily available at the camp site), lunch and snacks, sunscreen, hat and sunsmart clothes. It is likely to be hot and a **spare change of clothes** is essential as you will be getting wet.

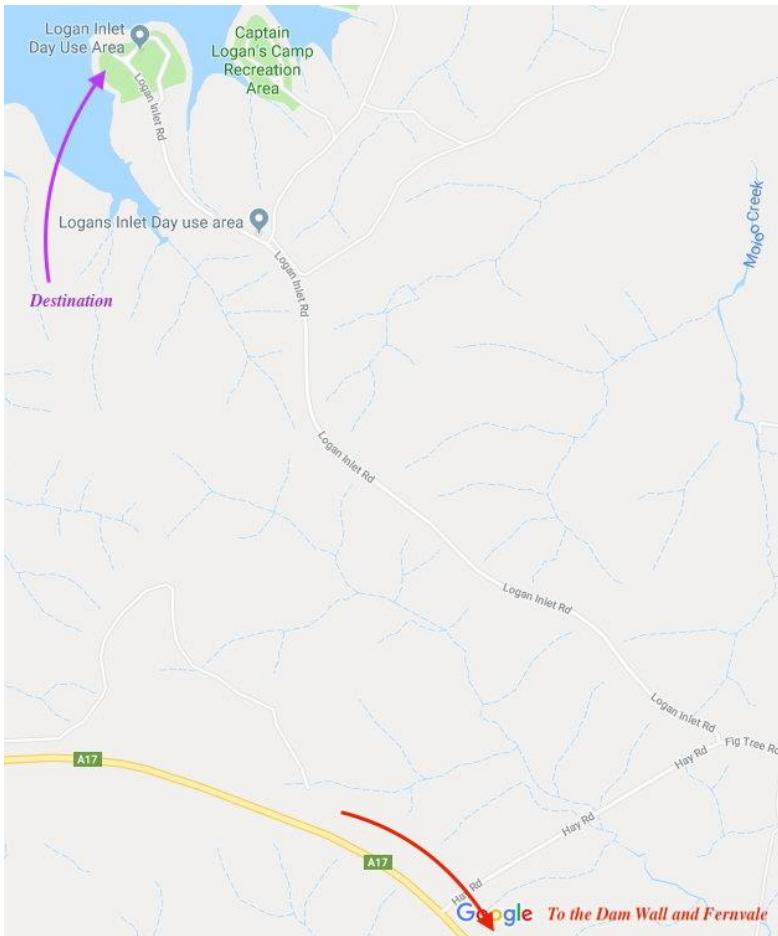
**Lunch option:** For those who are interested, we will have a small barbecue available and will purchase items for a very basic lunch. Please indicate your interest in joining in and indicate any food requirements / allergies in the comment section when you register. Usually around \$5 per person.

We can coordinate a lift for people who do not have a car as the time approaches. Please advise your transport arrangements (i.e. whether you have a car or need a lift) when you register for the trip. Please indicate how many people you can take and if you have roof racks/cradles if you have a car.

The usual 'wear & tear' fee applies and money should be send to club accounts via the info in the shed/PayID. This is done on the day. Bring some money for coffee/snacks/lunch as we will probably stop for coffee at Fernvale, and the lunch option.



Route to Logan's inlet



Logan's inlet route – final part

<b>Tides</b>	n/a	<b>Moon</b>	n/a
<b>Sunrise/set</b>	n/a		

### Trip Outline

- 7:00 AM Meet club shed to pack trailer (or 6:30 AM if packed or no trailer)
- 8.00 AM depart club shed...
- 9:00 AM Meet at Fernvale Bakery/Cafe
- 9:30 AM depart for Logan's inlet
- 9:45 AM set up at Logan's inlet
- 10:00 Commence activities Lunch at
- ~12:30 Lunch
- 15:00-15:30 Depart for Brisbane
- ~16:30 Arrive Shed
- ~17:00 Depart Shed

<b>Put in Point</b>	Logan's Inlet Recreation Area	<b>Take-out Point</b>	Same as Put in
<b>Alternate Route Variations</b>	• Adjacent to bank take out points		
<b>Information Links</b>	Download <a href="#">this brochure</a> about Wivenhoe (includes maps)		
<b>Facilities</b>	Toilets, water.		

## SAFETY

Kayaking can be hazardous. If conditions are unfavourable we will not go. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

### Risks and Management

#### Club Sea Kayak Risk Assessment (Detailed Risk Assessments on request)

<input checked="" type="checkbox"/> Drowning	<input checked="" type="checkbox"/> Fitness / Fatigue
<input checked="" type="checkbox"/> Sunburn	<input checked="" type="checkbox"/> Equipment Failure
<input checked="" type="checkbox"/> Medical Conditions	<input checked="" type="checkbox"/> Enter / Exit Boat
<input checked="" type="checkbox"/> Cuts Strains and Sprains	<input checked="" type="checkbox"/> Carrying Boats
<input checked="" type="checkbox"/> Dehydration	<input type="checkbox"/> Algae / Contamination
<input type="checkbox"/> Ineffective Rudder	<input checked="" type="checkbox"/> Boat Traffic / Shipping
<input type="checkbox"/> Entire Group Capsizing	<input checked="" type="checkbox"/> Separation from Boat
<input type="checkbox"/> Hypothermia	<input checked="" type="checkbox"/> Missing / Broken Paddle

<input checked="" type="checkbox"/> Heat Exhaustion / Hyperthermia <input checked="" type="checkbox"/> Tripping While Walking <input type="checkbox"/> Group Getting Lost <input checked="" type="checkbox"/> Getting Separated from Group <input type="checkbox"/> Animals and Plants (minor injury) <input checked="" type="checkbox"/> Animals and Plants (major injury) <input checked="" type="checkbox"/> Bad Weather / Weather Change <input type="checkbox"/> Sea Sickness <input checked="" type="checkbox"/> Capsize <input type="checkbox"/> Rough Seas <input type="checkbox"/> Surf <input checked="" type="checkbox"/> Sinking Boat	<input checked="" type="checkbox"/> Paddle Related Injuries / Tendonitis / Blisters <input type="checkbox"/> Hit by Paddle <input type="checkbox"/> Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures <input type="checkbox"/> Panic / Fear <input type="checkbox"/> Rocks and Submerged Objects <input type="checkbox"/> Darkness / Stranded at Night <input type="checkbox"/> Paddling in the Dark / Night Paddling <input checked="" type="checkbox"/> Cooking <input type="checkbox"/> Camping <input checked="" type="checkbox"/> Covid
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**Club Travel Risk Assessment** (Detailed Risk Assessments on request)

<input checked="" type="checkbox"/> Drowsiness while Driving <input checked="" type="checkbox"/> Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident <input checked="" type="checkbox"/> Injury from Loading / Unloading Equipment from Vehicle <input checked="" type="checkbox"/> Unleaded Petrol	<input checked="" type="checkbox"/> Incident/Accident while Driving <input checked="" type="checkbox"/> Becoming Lost <input checked="" type="checkbox"/> Breakdown or Breakdown in Remote Areas <input checked="" type="checkbox"/> Towing Trailer <input checked="" type="checkbox"/> Covid
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**General Risk Management**

<b>Paddler Requirements</b>	<p>Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.</p> <p>Participants must self-assess their, and their equipment's ability to cope with this grade of club event. Any concerns or anything needing clarification should be raised with the trip leader beforehand.</p> <p>Participants should have an appropriate level of fitness and must have successfully completed the UQ Sport 400m <a href="#">swim test</a>. This is not a long paddle trip. You will be in and out of kayaks for limited periods during the day, so it is not going to be a strenuous activity other than the potential for swimming.</p>
<b>Emergency Contact Information</b>	Emergencies only – 000
<b>Nearest Medical Help and Contacts</b>	Hospital(s)

	<ul style="list-style-type: none"> <li>• Ipswich Hospital Emergency Dept, Ipswich Hospital, Chelmsford Ave, Ipswich QLD 4305 Ph: <a href="tel:0738101111">07 3810 1111</a></li> <li>• Esk Hospital, 30 Highland St, Esk QLD 4312 Ph: <a href="tel:0754244600">07 5424 4600</a></li> <li>• Lowood Police: 5426 1108</li> <li>• Seqwater Duty Officer – Catchment Services : 3035 5776</li> </ul>
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## Safety and Personal Equipment

<b>Personal Equipment</b>  (Full list)	<input checked="" type="checkbox"/> Clothing you can get wet (on the water) <input checked="" type="checkbox"/> Dry clothing (to keep warm) <input checked="" type="checkbox"/> Equipment Requirements for <a href="#">Grade</a> <input checked="" type="checkbox"/> Food adequate for trip duration <input checked="" type="checkbox"/> Footwear suitable for paddling, swimming. Extra for on land. <b>No thongs/flip flops or bare feet</b> (oysters and spiky/venomous animals can get you!) <input checked="" type="checkbox"/> Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) <input checked="" type="checkbox"/> Water and snacks accessible while paddling <input checked="" type="checkbox"/> Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) <input checked="" type="checkbox"/> Water – 3L per day (4L if camping)		
<b>Kayak Equipment</b>  ( <a href="#">Required sea kayaking equipment for grade</a> )	<input checked="" type="checkbox"/> Dry Bag <input checked="" type="checkbox"/> Life Jacket (type II) and Paddle <input checked="" type="checkbox"/> Paddle Tie <input checked="" type="checkbox"/> Pump, Sponge, and Bailer <input checked="" type="checkbox"/> Paddle Float <input checked="" type="checkbox"/> Spray Deck - if you have not used one <b>tell the leader</b> before or when you register! Pre-trip training may be needed. <input checked="" type="checkbox"/> Suitable Craft [(sea kayak)] <input checked="" type="checkbox"/> Whistle		
<b>Communications</b>	<input checked="" type="checkbox"/> Flares <input checked="" type="checkbox"/> Mobile Phone <input type="checkbox"/> PLB/EPIRB	<input type="checkbox"/> Signal Mirror <input checked="" type="checkbox"/> V-Sheet	<input type="checkbox"/> VHF Radio <input checked="" type="checkbox"/> Whistle
<b>Safety Equipment</b>	<input checked="" type="checkbox"/> First Aid Kit <input type="checkbox"/> Hand Pump	<input type="checkbox"/> Paddle Floats <input checked="" type="checkbox"/> Repair Kit	<input type="checkbox"/> Rescue Stirrup <input checked="" type="checkbox"/> Spare Paddle
<b>Additional or Emphasised Equipment</b>	Please make sure you bring water (2-4 litres), lunch if not joining the barbecue, snacks, and foot wear. Dress for the outdoors. Bring dry warm clothes and sunsmart clothing (hat, sunglasses,		

	long sleeved shirt, water, sunscreen). You may get wet so bring your swimming gear. Advise trip leader of any medical conditions.		
<b>Check Paddlers' Equipment</b> (prior to launch)	<input type="checkbox"/> Bailer/Pump <input checked="" type="checkbox"/> Footwear <input checked="" type="checkbox"/> Medication	<input checked="" type="checkbox"/> Life Jacket <input type="checkbox"/> Paddle Leash <input type="checkbox"/> Spray Deck	<input checked="" type="checkbox"/> Suitable Craft <input checked="" type="checkbox"/> Sunsmart Gear <input checked="" type="checkbox"/> Water

## LOGISTICS

<b>Pre-Trip Meeting</b>	N/a
<b>Boat Loading Details</b>	At Club Shed, 7AM on Sunday 13 <sup>th</sup> August 2023
<b>Costs</b>	<ul style="list-style-type: none"> <li>• \$10 wear and tear contribution for club gear use (per day)</li> <li>• \$ for petrol for your driver / trailer tower</li> <li>• A few extra dollars for a coffee etc (if time).</li> <li>• Money for barbecue</li> </ul> <p>Please bring cash if you don't have pay ID as we like to complete reimbursing everything at the end of the trip.</p>
<b>Additional Comments/ Instructions</b>	Numbers may be limited by transport. Within these constraints it will be first come first served and number will be limited.

## EVENT REGISTRATION

<b>Register with</b>	Siti	Email	<a href="#">Committee Contacts</a>
<b>Limits on Numbers</b>	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
<b>Register by</b>	10 <sup>th</sup> August 2023	<b>Club Event ID</b>	230813F