



## THE UNIVERSITY OF QUEENSLAND CANOE CLUB

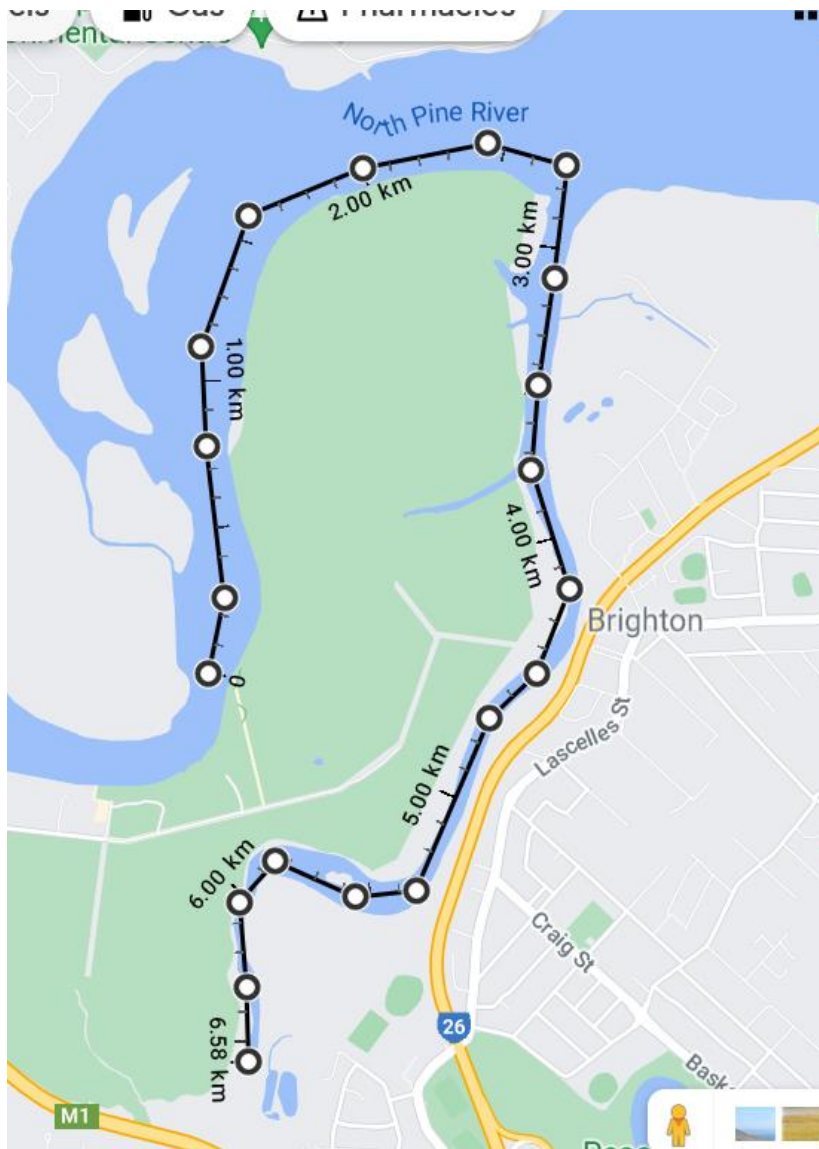
### G1 TINCHI TAMBA WETLANDS FULL MOON PADDLE

High tide exploration of the Tinchi Tamba wetlands under a full moon.



Paddle from Tinchi Tamba up Bracken Ridge Creek exploring the mangroves on high tide ... And a full moon. Dinner at the bird hide.

<b>Discipline</b>	Flatwater	<b>Paddle <a href="#">Grade</a></b>	1
<b>Date(s)</b>	11 June 22	<b>Event ID</b>	220611S
<b>Distance</b>	15km	<b>Duration</b>	5 hrs/3.5 paddling hrs
<b>Leader</b>	David Russell	<b>2IC</b>	[TBC]

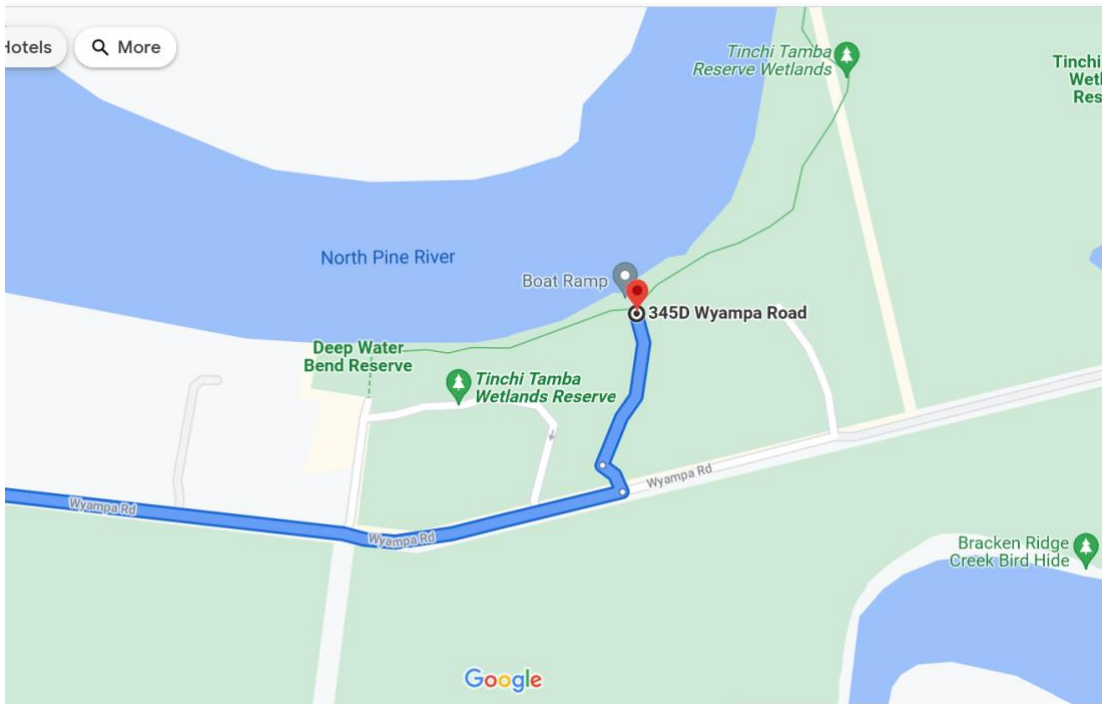


Route Map

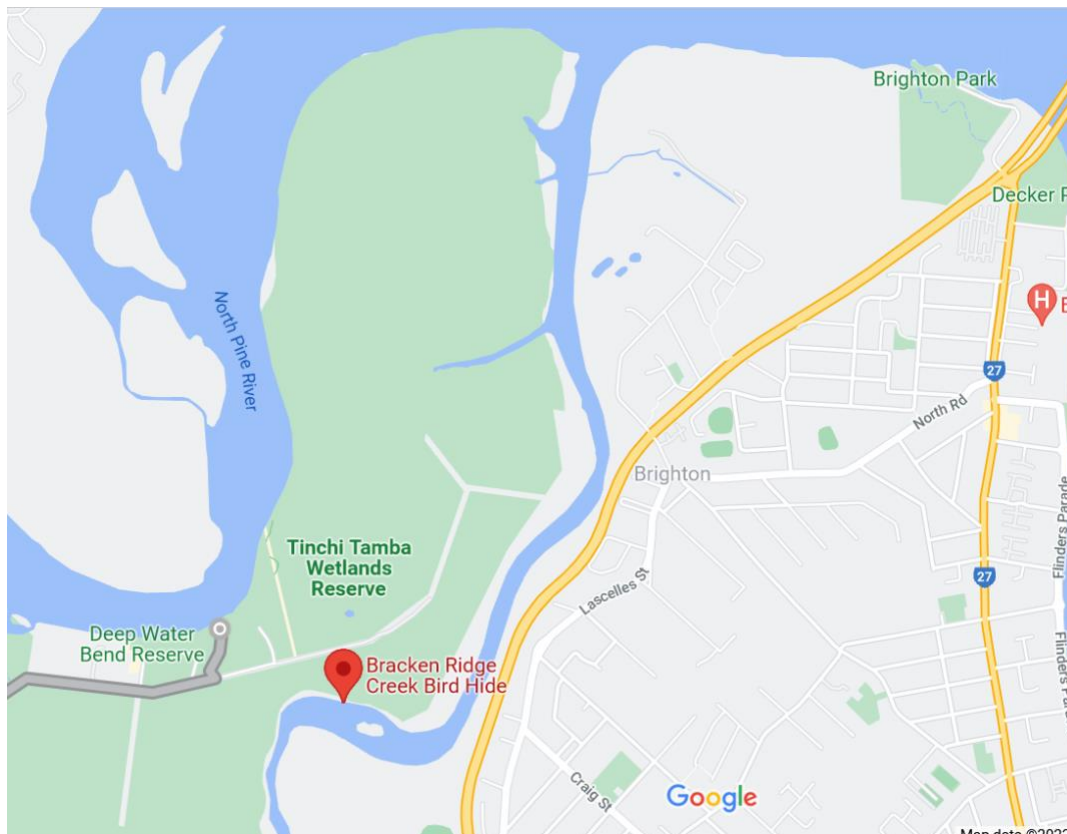
<b>Tides @ Deepwater Bend</b>	2.32m 19:29	<b>Moonrise</b>	14:17
<b>Sunset</b>	17:00		

### Trip Outline

- 15:45 PM Meet club shed to pack trailer
- 16:15 PM depart club shed
- 17:00 PM Boat ramp, Deepwater Bend (345D Wyampa Rd, Bald Hills). (<https://w3w.co/spots.risk.olive>)
- 17:30 PM depart
- 19:00 Dinner at Bracken Ridge bird hide (<https://w3w.co/hulk.headed.things>)
- 19:30 Depart Lunch
- 20:45 Arrive Takeout
- 21:15 Depart Takeout
- 22:00 Arrive Shed
- 22:30 Depart Shed



**Put in Point**



**Take Out in Point**

<b>Put in Point</b>	345D Wyampa Rd, Bald Hills. ( <a href="https://w3w.co/spots.risk.olive">https://w3w.co/spots.risk.olive</a> )	<b>Take-out Point</b>	
<b>Facilities</b>	Toilets & fresh water at boat ramp.		



# SAFETY

If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

## Risks and Management

### Club Sea Kayak Risk Assessment (Detailed Risk Assessments on request)

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Drowning</li> <li><input checked="" type="checkbox"/> Sunburn</li> <li><input checked="" type="checkbox"/> Medical Conditions</li> <li><input checked="" type="checkbox"/> Cuts Strains and Sprains</li> <li><input checked="" type="checkbox"/> Dehydration</li> <li><input checked="" type="checkbox"/> Ineffective Rudder</li> <li><input type="checkbox"/> Entire Group Capsizing</li> <li><input checked="" type="checkbox"/> Hypothermia</li> <li><input checked="" type="checkbox"/> Heat Exhaustion / Hyperthermia</li> <li><input checked="" type="checkbox"/> Tripping While Walking</li> <li><input type="checkbox"/> Group Getting Lost</li> <li><input checked="" type="checkbox"/> Getting Separated from Group</li> <li><input checked="" type="checkbox"/> Animals and Plants (minor injury)</li> <li><input checked="" type="checkbox"/> Animals and Plants (major injury)</li> <li><input checked="" type="checkbox"/> Bad Weather / Weather Change</li> <li><input type="checkbox"/> Sea Sickness</li> <li><input checked="" type="checkbox"/> Capsize</li> <li><input type="checkbox"/> Rough Seas</li> <li><input type="checkbox"/> Surf</li> <li><input checked="" type="checkbox"/> Sinking Boat</li> </ul> | <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Fitness / Fatigue</li> <li><input checked="" type="checkbox"/> Equipment Failure</li> <li><input checked="" type="checkbox"/> Enter / Exit Boat</li> <li><input checked="" type="checkbox"/> Carrying Boats</li> <li><input type="checkbox"/> Algae / Contamination</li> <li><input checked="" type="checkbox"/> Boat Traffic / Shipping</li> <li><input checked="" type="checkbox"/> Separation from Boat</li> <li><input checked="" type="checkbox"/> Missing / Broken Paddle</li> <li><input checked="" type="checkbox"/> Paddle Related Injuries / Tendonitis / Blisters</li> <li><input type="checkbox"/> Hit by Paddle</li> <li><input checked="" type="checkbox"/> Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures)</li> <li><input checked="" type="checkbox"/> Panic / Fear</li> <li><input checked="" type="checkbox"/> Rocks and Submerged Objects</li> <li><input type="checkbox"/> Darkness / Stranded at Night</li> <li><input type="checkbox"/> Paddling in the Dark / Night Paddling</li> <li><input checked="" type="checkbox"/> Cooking</li> <li><input type="checkbox"/> Camping</li> <li><input checked="" type="checkbox"/> Covid</li> </ul> |
|---|--|

### Club Travel Risk Assessment (Detailed Risk Assessments on request)

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|--|--|
| <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Drowsiness while Driving</li> <li><input checked="" type="checkbox"/> Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident</li> <li><input checked="" type="checkbox"/> Injury from Loading / Unloading Equipment from Vehicle</li> <li><input checked="" type="checkbox"/> Unleaded Petrol</li> </ul> | <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Incident/Accident while Driving</li> <li><input checked="" type="checkbox"/> Becoming Lost</li> <li><input checked="" type="checkbox"/> Breakdown or Breakdown in Remote Areas</li> <li><input type="checkbox"/> Towing Trailer</li> <li><input checked="" type="checkbox"/> Covid</li> </ul> |
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## General Risk Management

### Paddler Requirements

Conditions can be calm, but can change dramatically with winds and tides contributing significantly to this.

Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.

Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The [club grading scale](#) is located on the club website. This should be consulted

	<p>prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments".</p> <p>Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.</p>
<b>Emergency Contact Information</b>	<ul style="list-style-type: none"> <li>• Coast Guard Redcliffe (VMR403) <u>3203 5522</u> VHF: 16, 21, 63, 67, 73, 81 27Mhz: 88, 91</li> <li>• Coast Guard Brisbane (QF2) Ph: (07) 3396 5911 Mobile: 0404 466 000 VHF 16, 73, 81 Phone: Sat &amp; Sun 0600 - 1800</li> <li>• Marine Radio Moreton Bay (VZ4RQ) Ph: 3396 8666 VHF: Emergency - 16 &amp; 67, Calling 73, Repeaters Bay (Nth) 81, (Sth) and outside the islands 82</li> <li>• Emergencies only - 000</li> </ul>
<b>Nearest Medical Help and Contacts</b>	<p>Hospital(s)</p> <ul style="list-style-type: none"> <li>• Prince Charles Hospital: 3139 4000 627 Rode Rd, Chermside QLD 4032</li> <li>• Redcliffe Hospital: 3883 7777 Anzac Avenue, Redcliffe QLD 4020</li> </ul>
<b>Safety and Personal Equipment</b>	
<b>Personal Equipment</b>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Clothing you can get wet (on the water)</li> <li><input checked="" type="checkbox"/> Dry clothing (to keep warm)</li> <li><input checked="" type="checkbox"/> Equipment Requirements for <a href="#">Grade 1</a></li> <li><input checked="" type="checkbox"/> Food adequate for trip duration</li> <li><input checked="" type="checkbox"/> Footwear suitable for paddling, swimming. Extra for on land. <b>No thongs/flip flops or bare feet</b> (oysters and spiky/venomous animals can get you!)</li> <li><input checked="" type="checkbox"/> Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag)</li> <li><input checked="" type="checkbox"/> Water and snacks accessible while paddling</li> <li><input checked="" type="checkbox"/> Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc)</li> <li><input checked="" type="checkbox"/> Water - 3L per day (4L if camping)</li> </ul>
<b>Kayak Equipment</b>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Dry Bag</li> <li><input checked="" type="checkbox"/> Life Jacket (type II) and Paddle</li> <li><input checked="" type="checkbox"/> Paddle Tie</li> <li><input checked="" type="checkbox"/> Pump, Sponge, and Bailer</li> </ul>

	<input checked="" type="checkbox"/> Paddle Float <input checked="" type="checkbox"/> Spray Deck - if you have not used one <b>tell the leader</b> before or when you register! Pre-trip training may be needed. <input checked="" type="checkbox"/> Suitable Craft [(sea kayak)] <input checked="" type="checkbox"/> Whistle		
<b>Communications</b>	<input checked="" type="checkbox"/> Flares <input checked="" type="checkbox"/> Mobile Phone <input type="checkbox"/> PLB/EPIRB	<input type="checkbox"/> Signal Mirror <input type="checkbox"/> V-Sheet	<input type="checkbox"/> VHF Radio <input checked="" type="checkbox"/> Whistle
<b>Safety Equipment</b>	<input checked="" type="checkbox"/> First Aid Kit <input checked="" type="checkbox"/> Hand Pump	<input checked="" type="checkbox"/> Paddle Floats <input checked="" type="checkbox"/> Repair Kit	<input type="checkbox"/> Rescue Stirrup <input checked="" type="checkbox"/> Spare Paddle
<b>Additional or Emphasised Equipment</b>	Please make sure you bring water (2-4 litres), lunch, snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle		
<b>Check Paddlers' Equipment</b> (prior to launch)	<input checked="" type="checkbox"/> Bailer/Pump <input checked="" type="checkbox"/> Footwear <input checked="" type="checkbox"/> Medication	<input checked="" type="checkbox"/> Life Jacket <input checked="" type="checkbox"/> Paddle Leash <input checked="" type="checkbox"/> Spray Deck	<input checked="" type="checkbox"/> Suitable Craft <input checked="" type="checkbox"/> Sunsmart Gear <input checked="" type="checkbox"/> Water

## LOGISTICS

<b>Pre-Trip Meeting</b>	
<b>Boat Loading Details</b>	Sat 15 Oct 09:00 AM Meet club shed to pack trailer
<b>Costs</b>	<ul style="list-style-type: none"> <li>• \$10 wear and tear contribution for club gear use (per day)</li> <li>• \$ for petrol for your driver / trailer tower</li> <li>• A few extra dollars for a coffee etc afterwards (if time).</li> </ul> <p>Please bring cash as we like to complete reimbursing everything at the end of the trip. Please bring a range of notes so you can reimburse directly and immediately as needed to the club, your driver, organiser for costs they may have incurred on your behalf, etc.</p>
<b>Additional Comments/ Instructions</b>	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited.

## EVENT REGISTRATION

<b>Register with</b>	David Russell	Email:	<a href="mailto:David.Russell@uqcc.org.au">David Russell</a>
<b>Limits on Numbers</b>	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
<b>Register by</b>	09 June 22	<b>Club Event ID</b>	220611S

**REGISTRANT INFORMATION**  
**(DO NOT POST TO THE WEBSITE)**

<b>Leader Info</b>	David Russell	[Email]	0423 971 623
<b>2IC Info</b>	[Name]	[Email]	[Mobile]
<b>Organiser Info</b>	[Name]	[Email]	[Mobile]

[https://form.jotform.com/UQCC/trip-registration?eventId=220611S&eventDiscipline=Flatwater&eventName=Tinchi%20Tamba%20Creek%20Paddle&eventDate%5Bday%5D=11&eventDate%5Bmonth%5D=06&eventDate%5Byear%5D=2022&eventOrganisers=david%20\(at%40\)%20uqcanoecclub%20En%20et](https://form.jotform.com/UQCC/trip-registration?eventId=220611S&eventDiscipline=Flatwater&eventName=Tinchi%20Tamba%20Creek%20Paddle&eventDate%5Bday%5D=11&eventDate%5Bmonth%5D=06&eventDate%5Byear%5D=2022&eventOrganisers=david%20(at%40)%20uqcanoecclub%20En%20et)